

CIF Central Section Track & Field Finals

Meet Information

Place: Veterans Memorial Stadium at Buchanan High School
Date: Saturday May 22, 2010
Time: Field Events 4:00pm, Running Events 5:00pm
Host: Buchanan High School
Gates open: Spectator gates will open at 3:00pm, athlete's gate at 2:00pm

Meet Director:

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Facility: Veterans Memorial Stadium (8500 seating) is a nine-lane Mondo Super X track. Shot put will be contested inside the stadium, with discus being contested on the upper varsity practice field. Our venue will also host the 2009, 2010 and 2011 State Championships.

Entry Fee: \$6.00 per athlete and relay alternates plus \$10.00 per relay team, with a max of \$200.00. Entry fees must be paid before the start of the meet. If your check is not received before meet time, your entry payment will be doubled (Section rule). **Makes checks payable to Buchanan High School.** Bring your check to the athlete's/coaches gate.

Awards: Medals will be awarded to the **top six places in each event.** **First and second place team trophies** will also be awarded. You may pick up your medals at the conclusion of the meet at the finish line area.

Registration & Team Packets: The Team packets and athletes gate will be located at the Baseball Stadium North of the Main Entrance of the Track. **Team Packets** will be available for pick up at **2:00pm.** Enclosed in the packet will be a **program, final meet information, and a schedule of events.**

Team Entry: All teams will enter the stadium through the **athlete's gate, located at the Baseball Stadium.** Athlete's **bag and shoes will be inspected** upon entrance. All **spikes are to be 3/16 pyramid spikes or xmas tree.** No glass containers are to be brought into the stadium.

Note: Athletes competing in field events may not cross the track to confer with coaches. Communications between athletes and coaches using electronic devices, including cell phones and pagers, is strictly prohibited (rule 4-5-8e). Coaches/athletes may meet only in the warm-up area. Coaches are also reminded of rule 4-5-8e (cell phones) and 4-5-8g (videotape)

Weigh-in: The implement weight-in station will be at field house by the warm-up area. Implements may be weighed in from **2:00pm-3:15pm.** Implements that do not make weight will be impounded by meet management until the end of the event.

- Pole Vault:** Coaches **must complete a women's and/or a men's team pole vault verification card, if you have athletes competing in the Pole Vault**, the card will be given at the athletes/coaches gate. The **women's and men's team pole vault verification card** must be **given to the Pole Vault official prior the start of the event check-in.**
- Stereos:** **No sound systems or large stereos** are permitted.
- Warm-up Area:** Warm-ups will be in the grass area, located on the upper practice field, just northeast of the main entrance.
- Timing System:** Finishlynx photo timing system will be used.
- Team Scoring:** 1st-10, 2nd-8, 3rd-6, 4th-4, 5th-2, 6th-1
- Uniforms:** National Federation rule 4-3 pertaining to uniforms will be strictly enforced. Rule 4-3-3 regarding wearing jewelry will be enforced. Also, hip numbers must be placed on the sides of the athlete's hip, such that the numbers will be visible to the finish line camera. Violations of the above rules will result in disqualification from event.
- Spectators:** Cost is \$6.00 per adult and \$4.00 for students with ID and \$3.00 for seniors. Only CIF Lifetime and playoff passes will be accepted at the gate.
- Programs:** Will be sold at the Main Gate for \$3.00
- T-shirts:** Souvenir T-shirts will be sold for \$15.00 at the home side snack bar.
- Concessions:** Will be open on home side of Stadium
- Canopies:** Canopies on **home side must be at the top of upper deck and not in front of press box.** Canopies may be placed on visitor side of stadium.
- Stagers:** 1600 and 3200m will be water fall start
800m will be one turn stager
1600m Relay will be three turn stager
- Equipment:** All starting blocks and batons will be supplied by meet management. No other blocks or batons will be used. Only meet management approve personal will be allowed to hold blocks.
- Seeding:** All events will be seeded according to National Federation rule book.
- Qualifying:** **Top four marks for each Area (North, Central, and South) meet and three from the Sierra Sequoia automatically qualify them for the meet. The next three marks combined for all Areas and the Sierra Sequoia** will make up the field of 18 total qualifiers. Three alternates will be listed for every event.

Coaches Information

Clerks:

The Clerks of the Course will be located at the Blue tent near the main entrance. Running event athletes report 15 min. before the event begins/when they are called to report over the warm up area PA system. **Athletes “are to wait at the check in area” and then will be escorted to the starting line.** Athletes who do not check in on time will be scratched and alternates will replace them. Hip numbers will be issued at the Clerks tent upon check in: **hip numbers must be placed on the sides of the athlete’s hip, such that the numbers will be visible to the finish line camera.**

Field Event Instructions:

Field events will report directly to event, 30 min before the start of the event.

Athletes who report late will be scratched. Once an event check in has started, an athlete may not check in. Competitors who are entered in field events being held simultaneously must report to each event’s official for check-in, otherwise the athlete will be scratched. If the field event is in conflict with a running event, the athlete must secure a release from the field event official and report to the Clerk of the Course. Athletes will have up to 20 min to return or they will lose their attempt(s).

Horizontal Jumps and Throwers will receive 3 preliminary attempts with the top 7 being re-seeded (lowest mark will be first and best mark last), and given 3 final attempts. The 18 qualifiers will be placed in three flights of 6.

No colored liquids are allowed into competition area (track/field).

Athletes’ Code of Conduct/

Coaches’ Responsibility for Supervision:

The following code for athletes and coaches is required:

- School personal is expected to supervise students’ at all times-including travel to and from the meet and at any time the students are present in the host city or other locations.
- School personnel are expected to set high standards of behavior that are meant to show the highest form of respect for themselves, their school/community.
- It is the expectation of the CIF that the standards of behavior will be set and disused with the students before traveling to the meet and that the standards will be enforced.

Competition Rules:

The track and field rule book of the National Federation of State High School Associations will be the official rules and regulations for the meet, superseded by the Central Section CIF or Meet Management.

No Head bands

No tents on infield

No sun glasses (unless prescribed by a doctor)

Hip numbers must be placed on hips (side of the athlete), Jersey must be tucked in, and numbers must be visible to finish line camera.

Note: Athletes competing in field events may not cross the track to confer with coaches. Communications between athletes and coaches using electronic devices, including cell phones and pagers, is strictly prohibited (rule 4-5-8e). Coaches/athletes may meet only in the warm-up area. Coaches are also reminded of rule 4-5-8e (cell phones) and 4-5-8g (videotape)

Starting Heights:

Will be determined by meet managements after all entries are submitted.
Opening Height: High Jump –starting 2” below last qualifier
Pole Vault-starting 6” below last qualifier.

Appeals:

All appeals must be submitted to the finish line under procedures as outlined in National Federation rule 2-3-3. If a coach must talk to the meet referee, they must notify an official and a meeting will be arranged in the Clerks area (Blue tent by main gate).

Weigh-in:

The implement weight-in station will be at field house by the warm-up area. Implements may be weighed in from 2:00pm-3:15pm. Implements that do not make weight will be impounded by meet management until the end of the event. Coaches must complete pole vault verification card that will be in the meet day packet.

Pole Vault/High Jumpers Competing in other Events:

Athletes may be excused for a maximum of 20 minutes to participate in another event. Permission may be granted by Head Event Official and the time the athletes departed is to be noted on the official event sheet.

An athlete may request the Head Event Official to complete his/her trials at the current height out of order or opt to return to the event with the number of trials remaining that he/she was excused with.

In both the above cases, the competition will continue and the athletes will return at wherever the crossbar has been raised during his/her excused absence.

Scratches

Prior to meet day scratches may be emailed to brianweaver@cusd.com. Upon arriving at the meet and you have a scratch please go to the clerks tent and inform them. Any scratches made after 4:00, events will not be re-seeded. Field events will not be re-seeded the day of meet.

Meet Day

Only coaches and athletes (including alternates) and two team managers will be allowed into meet free. All others will need to enter through spectator gate and pay.