

# ***Mark Your Calendars!***

## **12<sup>th</sup> Annual Tom Moore Relays**

***(formally the Sierra Invitational Relays)***

**When:** Saturday, 6 March, 2010

**Where:** Sierra HS-Manteca  
**on our new Rekortan all weather track**

**Time:** Check-in begins at 8:00  
Field events begin at 8:30  
Track events begin at 9:00; meet usually finishes around 6:00pm

**Cost:** \$200.00 per school *(The first 21 schools to RSVP are guaranteed a spot in the meet)*

**Divisions:** Frosh-Soph Boys and Girls, Varsity Boys and Girls

**Track Events:** One team per school in each division in relay events, and three athletes per school in individual events, per division.

Distance Medley Relay (800-400-1200-1600)  
110/100m Shuttle Hurdles Relay (*two athletes: out and back*)  
4x100m Relay  
1600m Run  
Sprint Medley Relay (100-100-200-400)  
400m Run  
4x200m co-ed Relay (*girl-girl-boy-boy*)  
800m Run  
4x400m Relay

**Field Events:** Three entries per event, per division. Each athlete will receive 3 attempts in the jumps and throws. There may be minimum measurements, depending upon entries in the event.

Long Jump  
Triple Jump  
High Jump  
Pole Vault  
Shot Put  
Discus Throw

**Awards:** Medals to the top six individuals in each field and individual event in each division. Medals to the top three teams in relay events in each division.

Plaques to the top three teams in each division, in addition to a sweepstakes plaque to the best team by combining varsity division girls and boys scores.

*This is an initial notice so that you can mark the date on your 2010 schedules. We will send out additional information in January. If you have any questions in the interim, contact Coach Anthony Chapman at 209.858-7410 x5949 , or [achapman@musd.net](mailto:achapman@musd.net).*