

**CALIFORNIA INTERSCHOLASTIC
FEDERATION**

**TRACK AND FIELD
STATE CHAMPIONSHIPS
PRESENTED BY
FARMERS**



June 4-5, 2010

**Veterans Memorial Stadium
Clovis Unified School District
Buchanan High School
1560 N. Minnewawa Ave.
Clovis, CA 93619**

PURSUING VICTORY WITH HONORSM

www.cifstate.org

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2010 CIF STATE TRACK AND FIELD CHAMPIONSHIPS

Advance Information Bulletin

Published by the State CIF Office
4658 Duckhorn Ave., Sacramento, CA 95834
916-239-4477- Fax: 916-239-4478
www.cifstate.org

MANAGEMENT

The State CIF cordially invites you to participate in the 92nd Annual **CIF STATE HIGH SCHOOL TRACK AND FIELD CHAMPIONSHIPS** presented by **Farmers** to be held at **Veterans Memorial Stadium, Clovis Unified School District, Buchanan High School**.

The Meet will be managed by the State CIF Office, which will have final authority and responsibility for the Championships.

MEET DIRECTOR

Brian Weaver
1560 N. Minnewawa Ave.
Clovis, CA 93619
Tel: 559-327-3281 (O), 559-281-5698 (C)
Email: brianweaver@cusd.com

MEET DIRECTOR

Roger Oraze, Ed.D.
11220 N. Sunnyside Ave.
Clovis, CA 93619
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Email: rogero@hughes.net

DATE/TIMES

The event will be held on Friday, June 4, and Saturday, June 5, 2010.

QUALIFYING

FRIDAY, JUNE 4, 2010

Athletes/Coaches' Gate Opens	12:00 P.M.
Stadium Gates Open	2:00 P.M.
Field Event Qualifying	3:00 P.M.
Running Event Qualifying	5:00 P.M.

CHAMPIONSHIP

SATURDAY, JUNE 5, 2010

Athletes/Coaches' Gate Opens	2:00 P.M.
Stadium Gates Open	3:30 P.M.
Field Event Finals	4:30 P.M.
Running Event Finals	6:00 P.M.

ATHLETES' CODE OF CONDUCT/

COACHES' RESPONSIBILITY FOR SUPERVISION

The following code of conduct for athletes and coaches is required:

- School personnel are expected to supervise students at all times - including travel to and from the meet and at any time the students are present in the host city, in a restaurant or hotel, or in any other location.
- School personnel are expected to set high standards of behavior that are meant to show the highest form of respect for themselves, their school/community and also others and their property.
- These standards must include clear prohibition of the use of any illegal substance, tobacco or alcohol.

- Students' conduct, as well as the conduct of coaches and other school personnel, will reflect positively or negatively upon themselves, their families, the school and the sport. **It is the expectation of CIF that standards of behavior will be set and discussed with students before traveling to the meet and that standards will be enforced throughout the time the students are away from school for the event.**
- Coaches must submit the Supervision Form (Appendix II) indicating the person responsible for supervision and the name and phone number of the hotel/motel where the supervisor can be reached. This form must be submitted Friday morning at the Athletes' Entrance. **Coaches' packets will not be released without this form.**

NOTE: Competitors shall not leave school Thursday, prior to the close of school on that day, unless travel requires **two days**. Schools may petition to their CIF section office for an additional day. Violation of this regulation may result in disqualification. Also, competitors will not be permitted to work out at Veterans Memorial Stadium any time within five (5) days prior to the State Track Meet. Any violation of the work out prohibition will result in disqualification. Buchanan High School is exempt from this rule as Veterans Memorial Stadium is their home track.

COMPETITION RULES

The Track and Field Rule Book of the National Federation of State High School Associations will be the official rules and regulations for both boys and girls, superseded by State CIF or policies of the CIF Track Advisory Committee or Track and Field Championship Management Committee.

NUMBER OF COMPETITORS

Sections are allowed the following entries as per State Federated Council rule:

<i>CIF Southern</i>	5	<i>CIF Central</i>	3	<i>CIF Northern</i>	1
<i>CIF North Coast</i>	4	<i>CIF Central Coast</i>	3	<i>CIF San Francisco</i>	1
<i>CIF Los Angeles</i>	3	<i>CIF San Diego</i>	3	<i>CIF Oakland</i>	1
<i>CIF Sac-Joaquin</i>	3				

ENTRIES/SCRATCHES

Entries close and are final, except for circumstance of clerical error, at 8:00 p.m. on the Saturday of the week preceding the first day of competition. Any scratches received after that point will be subject to penalty under the **Honest Effort Rule**. Coaches and athletes must decide at their section qualifying meets which events they intend to compete in at the State Championships. Sections may move non-qualifiers into any vacancies created by scratches prior to the entry deadline.

All original entry information and subsequent scratches/additions must be submitted by the Section Commissioner or his/her designee. No other entry changes or additions will be accepted.

No substitutions/changes/additions to relay teams or alternates will be allowed after the entry deadline. Schools may run only those athletes who have been submitted on the official section entries to the state meet.

AT-LARGE ENTRIES

Sections may enter additional competitors provided they have met or bettered the "At-Large" standard for their event in their Section Meet that qualifies athletes for the CIF State Track and Field Championships. In the running events, all times must be recorded on "Fully Automatic Timing" systems (FAT). No hand times will be accepted.

CIF State Meet At-Large Standards

Boys		Boys		Girls		Girls	
100m	10.70	4x100R	42.01	100m	11.96	4x100R	47.66
200m	21.56	4x400R	3:19.64	200m	24.40	4x400R	3:53.15
400m	48.57	HJ	6'6"	400m	56.15	HJ	5'5"
800m	1:55.02	PV	15'0"	800m	2:13.96	PV	11'9"
1600m	4:14.49	LJ	22'6"	1600m	4:57.44	LJ	18'5"
3200m	9:10.47	TJ	46'2"	3200m	10:45.62	TJ	38'10"
110m H	14.38	SP	55'4"	100m H	14.28	SP	40'11"
300m H	38.34	Discus	169'1"	300m H	43.89	Discus	135'0"

HONEST EFFORT RULE

Competitors who have qualified for and been entered into more than one event, must honestly participate in the qualifying and final round in each event for which the athlete is declared or the athlete will be barred from further competition in the meet. Athletes must compete with maximum effort and/or qualify from trials into the finals.

Note 1: It is understood that passing on attempts in field events is a strategy in those events and is not considered a question of honest effort.

Note 2: Athletes may appeal a disqualification on the grounds of "Hardship" to the Referee/Games Committee/Jury of Appeals.

WARM-UP AREA

The warm-up area for all events will be located on the field north of the stadium track. **Access to this area will be limited to athletes, coaches wearing wristbands and members of the media with proper credentials.** The gate will open at 12:00 on Friday and 2:00 on Saturday. No members of the general public will be allowed to enter the warm-up field. Interviews with the media may be conducted in the warm-up area, but should not conflict with an athlete preparing for a later event. *Large ice chests must remain in this area. The warm-up area will be closed after the call for the Boys' 1600 relay event due to the preparation for the fireworks show. It will reopen afterwards.*

CLERK OF THE COURSE - ALL EVENTS

The Clerk will be located in the white tent on the ramp by the main entrance of the stadium. Entrance to the main field will be down the ramp. Please note that cell phones, iPods and other music devices are not allowed at the Clerk of the Course tent or on the infield.

FIELD EVENT INSTRUCTIONS

Athletes participating in the discus throw will report directly to the discus area. Athletes competing in all other field events must report to the Field Event Clerk at the Clerk of the Course tent before entering the field from the warm-up area. **ATHLETES WHO REPORT LATE WILL BE SCRATCHED.** Competitors who are entered in field events being held simultaneously must report to each event's official for check-in, otherwise the athlete will be scratched. If the field event is in conflict with a running event, the athlete must secure a release from the field event official and report to the Clerk of the Course.

All field event warm-ups will begin one (1) hour prior to the start of competition (except Pole Vault which will be 1 ½ hours) or as soon as the facility is available following the completion of an earlier event.

No colored liquids or food may be brought into the competition area (track/infield) Chairs may not have four legs, only a straight bar along the bottom.

Qualifying for Saturday: The nine competitors with the best marks in each event qualify for Saturday's championships. In the vertical jumps, all jumpers who clear the same height as the 9th place athlete will also make it into the finals as long as the total number of athletes in the finals does not exceed 12. If more than 12 have cleared the height, the crossbar will be raised and normal tie breaking rules will be used to advance a maximum of twelve (12) to the finals. On Friday, each contestant in the shot put, discus, long jump and triple jump will be allowed three (3) trials.

Marks recorded in Friday's qualifying round **will not** carry over into the championships. On Saturday, all competitors will be given **three (3)** trials and all competitors with a mark in the trials will be given an additional **three (3)** final attempts. When competition is completed at a field event, the area will be closed and no further practice will be allowed.

Equipment/Implements: Competitors are responsible for their own equipment and only legally certified implements will be allowed in competition. The weight and measures table will be set up at the Field House near the warm-up area, beginning at 1:00 p.m., on Friday. Implements for those athletes qualifying for Saturday's championships will be impounded and secured by Meet Management immediately following the completion of Friday's competition.

NOTE: Athletes competing in field events may not cross the track to confer with coaches in the stands. **Communication between athletes and coaches using electronic devices, including cell phones and pagers, is strictly prohibited (rule 4-5-8e).** Coaches/athletes may meet only in the warm-up area by the fieldhouse. Discus competitors may confer with coaches behind the cage. Coaches are also reminded of rule 4-5-8e (Cellphones) and 4-5-8g (Videotape).

STARTING HEIGHTS OF HIGH JUMP AND POLE VAULT

Starting Heights will be determined by Meet Management after all entries are submitted. Under no circumstances, will the opening height in any event be higher than the 40th percentile of section entry marks. All relevant information will be posted on the CIF website (www.cifstate.org) early in the week of the state meet. Continuing flights of five (5) will be used in the high jump and pole vault.

POLE VAULTERS/HIGH JUMPERS COMPETING IN OTHER EVENTS:

Athletes may be excused for a maximum of thirty (30) minutes to participate in another event. Permission may be granted by the Head Event Official and the time the athlete departs is to noted on the Official Event Sheet.

An athlete may request the Head Event Official to complete his/her trials at the current height out of order or opt to return to the event with the number of trials remaining he/she was excused with.

In both above cases, the competition will continue and the athlete will return at wherever the crossbar has been raised during his/her excused absence.

RUNNING EVENT INFORMATION

Assignment to heats will be made on the basis of times achieved in section qualifying meets. Section Commissioners/Meet Managers must submit entries/marks to Hal Harkness via **Hy-Tek**

backup file from their qualifying meets. The data file must also include full names of all participants/alternates on each entered relay team. **DO NOT REPORT DIRECTLY TO THE STARTING LINE WITHOUT FIRST CHECKING IN WITH THE CLERK OF THE COURSE.**

There will be three heats in each running event through 400 meters, each heat winner, plus the next six (6) fastest times will qualify for Saturday's finals.* There will be three heats in the 800 meters, first and second place in each heat, plus the next three fastest times will qualify for Saturday's finals. Up to ten (10) athletes will be accommodated in each heat. The 10th runner will be assigned to lane 5a. If more than three heats are necessary in either 800, only the heat winners will automatically advance. The remaining 5 will be selected by time. There will be two heats in the 1600-meter run, with runners starting in alleys for the first turn. The first three (3) placers in each heat, plus the next fastest six (6) times will qualify for Saturday's final. The 3200-meter run will be conducted as a final only for all entrants on Saturday. Runners will use alleys for the first turn.

*Additional heats may be necessary to the number of athletes meeting the at-large standards.

The 800-meter run will use a ONE-TURN STAGGER, and the 1600-meter relay will use a THREE-TURN STAGGER. **ALL STARTING BLOCKS AND BATONS** will be supplied by meet management and no other blocks or batons may be used.

If a runoff is necessary in any qualifying event, it will be Saturday morning, at 10:00 a.m.

HEAT/LANE ASSIGNMENTS FOR QUALIFYING RACES

All running events will be seeded as equally as possible, based on section final times. All races will be seeded with the fastest qualifier in lane #5. The remainder of lanes will be seeded as 6, 4, 7, 3, 8, 2, 9, 1.

LANE ASSIGNMENTS FOR FINAL RACES

Lanes will be assigned with the same priority, with the fastest qualifier in lane #5.

TRACK CONSTRUCTION

Veterans Memorial Stadium has a Mondo 400-meter track with nine 48-inch lanes. Runways and high jump take off area are of the same surface. The shot put and discus circles are concrete.

Spikes: Pyramid up to 3/16". No other spikes will be allowed; shoes will be checked before entering the field for both running and field events. Spikes will be available for sale.

TIMING SYSTEM

A dual **Finishlynx** photo timing system will be used.

TEAM SCORING

Eight places will score towards the team award. Six places will receive medals and be announced on the victory stand. All events will score the following points:

<i>1st Place</i>	<i>10 points</i>	<i>4th Place</i>	<i>5 points</i>	<i>7th Place</i>	<i>2 points</i>
<i>2nd Place</i>	<i>8 points</i>	<i>5th Place</i>	<i>4 points</i>	<i>8th Place</i>	<i>1 point</i>
<i>3rd Place</i>	<i>6 points</i>	<i>6th Place</i>	<i>3 points</i>		

COACHES CORNER

A "Coaches Corner" will be established in the north corner of the backstretch grandstand (participant/coaches area). All questions/concerns regarding the meet will be addressed in this area. Official results of all events will also be posted adjacent to the Coaches Corner.

APPEALS

All appeals must be submitted in writing to the "**Coaches Corner**" under procedures as outlined in National Federation rule 2-3-3.

UNIFORMS

National Federation rule 4-3 pertaining to uniforms will be strictly enforced. All athletes competing must wear **THEIR SCHOOL ISSUED UNIFORM AND SWEATS AT ALL TIMES.** No other uniform or clothing may be worn during warm-up, competition, or on the Victory Stand. National Federation rule 4-3-3 regarding wearing jewelry will be enforced. Also, hip numbers must be visible at all times. Violations of the above rules will result in disqualification from an event.

TRACK QUALIFYING (FRIDAY)

This schedule may be lengthened if four heats are necessary in any event(s)

5:00	Girls'	400m Relay	(Heat #1)	7:20	Boys'	100m Dash	(Heat #1)
5:06			(Heat #2)	7:25			(Heat #2)
5:12			(Heat #3)	7:30			(Heat #3)
5:17	Boys'	400 Relay	(Heat #1)	7:34	Girls'	800m Run	(Heat #1)
5:22			(Heat #2)	7:39			(Heat #2)
5:27			(Heat #3)	7:44			(Heat #3)
5:32	Girls'	1600 m Run	(Heat #1)	7:49	Boys'	800m Run	(Heat #1)
5:40			(Heat #2)	7:54			(Heat #2)
				7:59			(Heat #3)
5:48	Boys'	1600m Run	(Heat #1)	8:05	Girls'	300m LH	(Heat #1)
5:56			(Heat #2)	8:10			(Heat #2)
				8:15			(Heat #3)
6:02	Girls'	100m HH	(Heat #1)	8:20	Boys'	300m IH	(Heat #1)
6:07			(Heat #2)	8:25			(Heat #2)
6:12			(Heat #3)	8:30			(Heat #3)
6:19	Boys'	110m HH	(Heat #1)	8:35	Girls'	200m Dash	(Heat #1)
6:23			(Heat #2)	8:40			(Heat #2)
6:27			(Heat #3)	8:45			(Heat #3)
6:33	Girls'	400m Dash	(Heat #1)	8:50	Boys'	200m Dash	(Heat #1)
6:38			(Heat #2)	8:55			(Heat #2)
6:43			(Heat #2)	9:00			(Heat #3)
6:49	Boys'	400m Dash	(Heat #1)	9:20	Girls'	1600m Relay	(Heat #1)
6:54			(Heat #2)	9:27			(Heat #2)
6:59			(Heat #3)	9:34			(Heat #3)
7:05	Girls'	100m Dash	(Heat #1)	9:39	Boys'	1600m Relay	(Heat #1)
7:10			(Heat #2)	9:45			(Heat #2)
7:15			(Heat #3)	9:51			(Heat #3)

FIELD EVENT QUALIFYING (FRIDAY)

<u>EVENT</u>	<u>REPORTING TIME</u>	<u>STARTING TIME</u>
(Report to Field Event Clerk of Course)		
Girls' Discus	1:45 p.m.	3:00 p.m.
Boys' Shot Put	1:45 p.m.	3:00 p.m.
Girls' Long Jump	1:45 p.m.	3:00 p.m.
Boys' Triple Jump	1:45 p.m.	3:00 p.m.
Girls' High Jump	2:45 p.m.	4:00 p.m.
Boys' Discus	4:30 p.m.	5:30 p.m.
Girls' Shot Put	4:30 p.m.	5:30 p.m.
Boys' Pole Vault	4:30 p.m.	6:00 p.m.
Girls' Pole Vault	4:30 p.m.	6:00 p.m.
Boys' Long Jump	5:00 p.m.	6:00 p.m.
Girls' Triple Jump	5:00 p.m.	6:00 p.m.
Boys' High Jump	5:30 p.m.	6:30 p.m.

TRACK CHAMPIONSHIPS (SATURDAY)

6:00	Girls'	400m Relay	7:50	Girls'	800m Run
6:10	Boys'	400m Relay	8:00	Boys'	800m Run
6:21	Girls'	1600m Run	8:12	Girls'	300m LH
6:32	Boys'	1600m Run	8:22	Boys'	300m IH
6:49	Girls'	100m High Hurdles	8:30	Girls'	200m Dash
7:00	Boys'	110m High Hurdles	8:38	Boys'	200m Dash
7:11	Girls'	400m Dash	8:46	Girls'	3200m Run
7:20	Boys'	400m Dash	9:03	Boys'	3200m Run
7:31	Girls'	100m Dash	9:28	Girls'	1600m Relay
7:40	Boys'	100m Dash	9:38	Boys'	1600m Relay

FIELD EVENT CHAMPIONSHIPS (SATURDAY)

<u>EVENT</u>	<u>REPORTING TIME</u>	<u>STARTING TIME</u>
(Report to Field Event Clerk of Course)		
Girls' Discus	3:30 p.m.	4:30 p.m.
Boys' Shot Put	3:30 p.m.	4:30 p.m.
Girls' High Jump	4:00 p.m.	5:00 p.m.
Girls' Long Jump	4:00 p.m.	5:00 p.m.
Boys' Triple Jump	4:00 p.m.	5:00 p.m.
Girls' Pole Vault	4:15 p.m.	5:15 p.m.
Girls' Shot Put	5:30 p.m.	6:30 p.m.
Boys' Discus	5:30 p.m.	6:30 p.m.
Boys' High Jump	6:00 p.m.	7:00 p.m.
Boys' Long Jump	6:00 p.m.	7:00 p.m.
Girls' Triple Jump	6:00 p.m.	7:00 p.m.
Boys' Pole Vault	6:15 p.m.	7:15 p.m.

MEET CREDENTIALS

Coaches **only** (State CIF Bylaw 309) may pick up credential packets at the athletes/coaches entrance gate beginning at **10:00 a.m. on Friday, June 4th**. Packets may be picked up on Saturday at the athletes/coaches entrance gate.

PARTICIPANTS IDENTIFICATION BANDS

One wristband, good for both Friday and Saturday, will be issued to each competing athlete. These bands must be worn by athletes only for entrance through the Athlete entrance gate.

Participants may enter the stadium **only** at the gate at the north of the fieldhouse. Wristbands will not be accepted for entrance at any other stadium gate. Only athletes and coaches will be allowed entrance through the Athletes/Coaches' gate.

COACHES IDENTIFICATION BANDS

Two wristbands, good for both Friday and Saturday, will be issued to each boy's team coach and each girl's team coach and any additional personnel must purchase tickets. No replacement bands will be issued and admission will be available with a purchased ticket.

Coaches wearing wristbands will be admitted to the stadium only through the Athletes/Coaches' gate north of the fieldhouse. **COACHES WILL NOT BE PERMITTED ON THE FIELD AT ANY TIME!**

AWARDS

Medals will be awarded to the first six (6) placers in each final event. They will be escorted to the Victory Stand for the awards ceremony immediately following the conclusion of their event. Where ties occur, contestants involved will draw lots for immediate presentation of the medal and duplicate medals will be mailed to other tying competitors.

Team championship awards will be presented approximately 15 minutes following the conclusion of the final event of the meet.

INHALERS

Any contestant using an inhaler (atomizer) **must present a physician's statement to the Clerk of the Course prior to competition** documenting the need to use a prescriptive device/substance during competition. Failure to do so will result in disqualification (**Rule 4-5-8, Note 1**).

DRESSING FACILITIES

No Dressing Rooms will be available at Veterans Memorial Stadium. Athletes should arrive prepared to compete.

EMERGENCY MEDICAL SERVICES

Emergency Medical Personnel will be on site to handle injuries, etc. Athletic Trainers will be on site. Schools may provide their own training services, but space will not be provided in the warm-up area for this purpose.

INCLEMENT WEATHER/GAMES COMMITTEE POLICY

In the event that inclement weather, or any other unforeseen condition that might force delay or postponement of a portion of the State CIF Track and Field Championships, a meeting shall be

called immediately. This meeting will consist of the State CIF Track and Field Advisory Committee, plus designees of sections not having membership on the Advisory Committee (Games Committee). The purpose of the meeting will be to discuss current and anticipated conditions at the site and make a recommendation to the State CIF Executive Director, or his/her designee, as to whether the competition could safely proceed as scheduled, be delayed until a later time that day, or be postponed until the following day. A decision to reschedule to the next day would not be made until all other options available had been exhausted.

ADMISSIONS POLICY

The stadium will open *on Friday at 2:00 p.m. and Saturday at 3:30 p.m.*

The following items will not be allowed in the Stadium: tobacco, alcohol, firearms and glass containers. *Ice chests must be smaller than 14” x 14” x 14”.* Tents will only be allowed in the warm-up area or the grass area behind the portable bleachers at the Southeast end of the stadium (new scoreboard end). No tents will be allowed in the bleachers or on the berms.

Admission prices for tickets will be as follows:

FRIDAY, JUNE 4, 2010

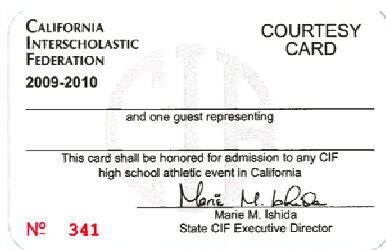
Children (under 13)	\$ 7.00
Seniors (65+)	\$ 7.00
Students (w/ high school ID)	\$ 7.00
General Admission	\$10.00

SATURDAY, JUNE 5, 2010

Children (under 13)	\$ 8.00
Seniors (65+)	\$ 8.00
Students (w/ high school ID)	\$ 8.00
General Admission	\$12.00

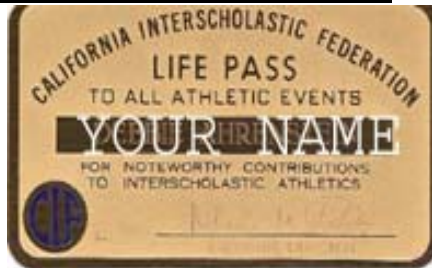
State CIF Gold Life Passes and State CIF Courtesy Cards (2009-2010) will be the **ONLY** passes accepted. Gate personnel will be instructed accordingly (see below). People holding these passes must enter through the “Pass” gate, located in the middle of the ticket booths.

State CIF Courtesy Card



(Dark Brown Pass)

State CIF Gold Pass



PARKING

There will be a **\$5.00** (\$10 for RVs) general parking fee at the stadium each day. *This will include cars with handicap passes.* Entrances to these lots are off Minnewawa, Peach or Teague Avenues. People with parking passes will enter off of Nees Avenue just west of the Stadium. There is no overnight parking of RVs on the campus. RVs can be parked in the water tower parking lot or the Rodeo Grounds in downtown Clovis.

OFFICIAL MEET PROGRAM

In order to produce a quality program, which includes photographs of the outstanding athletes in each CIF Section, coaches are requested to email photographs to **Quwan Spears at the CIF State Office by WEDNESDAY, MAY 12** (statetournaments@cifstate.org).

MEDIA INFORMATION

PRESS SEATING

Seating for the press will be provided at the top of the grandstand on the backstretch. Please note that those reporters working on a daily deadline will receive first priority for press seating. The press will NOT utilize the very limited seating in the announcer's booth.

PRESS CREDENTIALING

All media outlets desiring credentials for their reporters/photographers must make their request on the official media request form and submit to the State CIF office no later than **Tuesday, June 1, at 12 p.m.** Credential request forms will be emailed to media approximately one month prior to the event and also can be found on the "Media" page of the CIF web site (www.cifstate.org). **Submission of the completed media credential request form does not ensure approval for media credentials. All requests will be reviewed and approval/denial will be communicated via email to the email address provided on the credential application.**

The following will be considered when reviewing applications:

- ❑ Is the primary purpose of the publication or affiliation to promote high school sports for their readers?
- ❑ How many media members are needed per affiliation to complete the task above? In most cases, up to two media and one photo per affiliation will be accepted.

NOTE: Affiliations and Internet sites not immediately known to us may be asked to send stories/photos verifying the purpose as set above.

NOTE: CREDENTIAL REQUESTS RECEIVED AFTER Tuesday, June1, WILL NOT BE HONORED. If you fax in credential requests, please call to make sure the request has been received. All requests will receive an approval/denial by return email. NO MEDIA REPRESENTATIVE WILL BE ADMITTED WITHOUT AN APPROPRIATE MEDIA/PHOTO CREDENTIAL ISSUED BY THE CIF. MEDIA MUSH SHOW DRIVER'S LICENSE /PHOTO ID TO OBTAIN CREDENTIAL ON-SITE.

INTERVIEWS

There will be a press interview area available on the grass berm between the Clerk of the Course and the backstretch grandstand. At no time are credentialed media allowed on the field. Credentialed photographers are allowed on the field **only** to take photographs. Photographers seen conducting interviews on the field will be directed to the **warm-up** area.

WILL CALL

Media credentials will be available for pick-up at will call (near Athletes/Coaches' entrance north of the fieldhouse).

MEDIA PARKING

Media parking will be located in the lot located west of the Stadium. Complimentary parking will be available for properly credentialed members of the media on a space available basis.

INTERNET ACCESS

Wireless Internet access will be made available to the press by the Clovis Unified School District.

CIF does not provide phones or phone lines. Members of the media, therefore, need to bring their own phones to the site.

RADIO/TELEVISION

Radio and Television rights fees for the CIF State Track and Field Championships are negotiable. Arrangements must be made through **Quwan Spears, CIF Sports Information Officer** at 916-239-4477. There is no fee for periodic progress reports by radio and television stations. **Location of radio and television equipment will be at the discretion of the meet director.**

MEDIA PACKET

Media will receive a complimentary event program when they pick up their credential. Updated heat sheets will be available in the media tent prior to Saturday's finals.

PROHIBITED ACTIVITIES

Video streaming of the track meet events or the selling of unauthorized photographs is prohibited.

**Fairfield Inn and Suites, Clovis
is the Exclusive Headquarters Hotel for the
2010 CIF State Track and Field Championships.**



50 N. Clovis Avenue

Clovis, CA 93612

559-323-8080

www.marriott.com/fatcv

CIF State Track and Field Championship Rate:

\$125 per night (King or 2 Queens)



California's year-round playground

Special rates have been negotiated for this event at these participating hotels. To Book Rooms, please go to the

Fresno Convention & Visitors Bureau

Housing Site : <http://www.fresnocvb-housing.org> , and then click on view all events

E-MAIL: michele.matlock@fresnocvb.org (for questions)
or
nichole.castillo@fresnocvb.org (for questions)

Toll free: 800-788-0836 (for questions)

LIST OF PARTICIPATING HOTELS & RATES

Comfort Inn (Hwy 99)	\$84.99 for Single, \$89.99 for Double
Courtyard by Marriott Fresno	\$99 for Single, \$119 for Double
Courtyard by Marriott Fresno Yosemite International Airport	\$99 for Single
Fairfield Inn & Suites by Marriott Fresno Clovis	\$125 for Single or Double
Four Points by Sheraton Fresno	\$105 for Double
Garden Inn & Suites	\$99 for Single, \$110 for Double, \$149 for Suite
Hampton Inn & Suites	\$129 for Single, \$139 for Double
Hampton Inn & Suites, Clovis	\$109 for Single or Double, \$119 for Suite
Hilton Garden Inn, Clovis	\$109 for Single or Double
Holiday Inn Express, Clovis	\$95 for Single, \$99 for Double
Holiday Inn Fresno, Airport	\$99 for Double
Homewood Suites by Hilton	\$119 for Single
Piccadilly Inn Airport	\$93 for Single or Double
Piccadilly Inn Express	\$83 for Single or Double
Piccadilly Inn Shaw	\$93 for Single or Double
Piccadilly Inn University	\$93 for Single or Double
Ramada University	\$85 for Single or Double, \$120 for Suite
Residence Inn by Marriott Fresno	\$109 for Studio or \$119 for One Bedroom Queen Suite
Spring Hill Suites by Marriott	\$105 for Double
Super 8 North	\$75 for Single, \$85 for Double, \$95 for Suite
Towne Place Suites	\$99 for Single Queen Studio Suite, \$109 for Two Bedroom Double Suite (both with Kitchen)

Local Sponsorship and Community Support

The California Interscholastic Federation and Clovis Unified School District would like to thank the following companies and organizations for their support of the 2010 CIF State High School Track and Field Championships:

Gold Medal Sponsors

Fresno Sports Council

Silver Medal Sponsors

Blair, Church and Flynn Consulting Engineers
City of Clovis
Fairfield Inns and Suites
Fresno Convention & Visitors Bureau
Harris Construction
Mondo USA
Pro-Screen, Inc.
The Fresno Bee
Xerox


Bronze Medal Sponsors

American Ambulance
Old Town Clovis Kiwanis
Clovis Police Explorers
Coca-Cola Distributing
Fresno Police Cadets
Sierra Pacific Orthopedic and Spine Center Medical Group
Wawona Frozen Foods

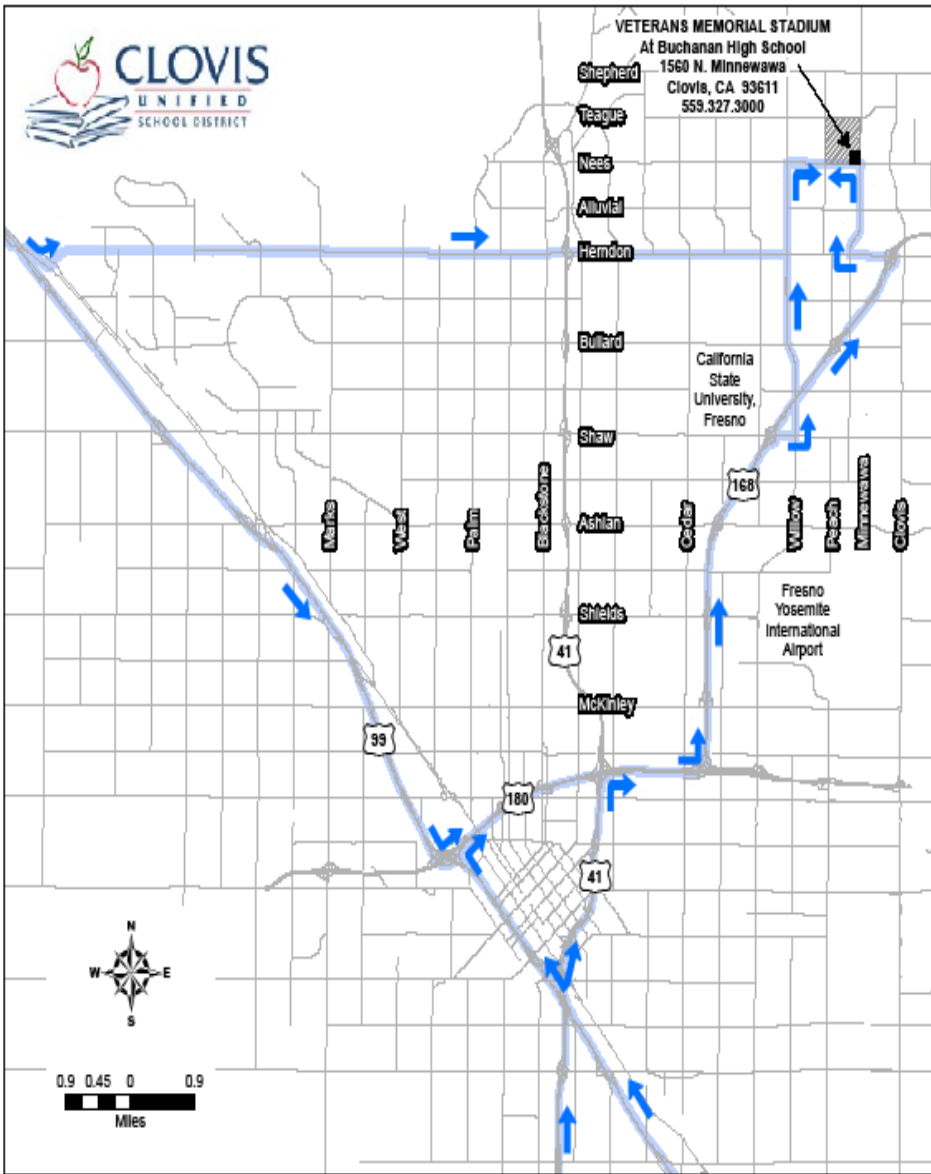
Clovis Tourism

Go to: www.visitclovis.com
for hotel options in Clovis

DRIVING DIRECTIONS



CLOVIS
UNIFIED
SCHOOL DISTRICT



**VETERANS MEMORIAL STADIUM
At Buchanan High School**
1560 N. Minnewawa
Clovis, CA 93611
559.327.3000

RECOMMENDED DIRECTIONS TO VETERANS MEMORIAL STADIUM

From the North:

From Highway 99, take the Herndon off ramp and proceed east to Willow (about 11 miles). Turn left on Willow and proceed north to Nees (about 1 mile). Turn right on Nees and proceed east to park (VIP & accessible parking will turn left into parking lot).

Alternate Route From the North:

From Highway 99, take Highway 180 east to Highway 168 east. Take the Shaw off ramp, turn right on Shaw, then turn left on Willow. Proceed north to Nees (about 3 miles) and turn right.

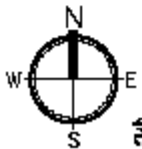
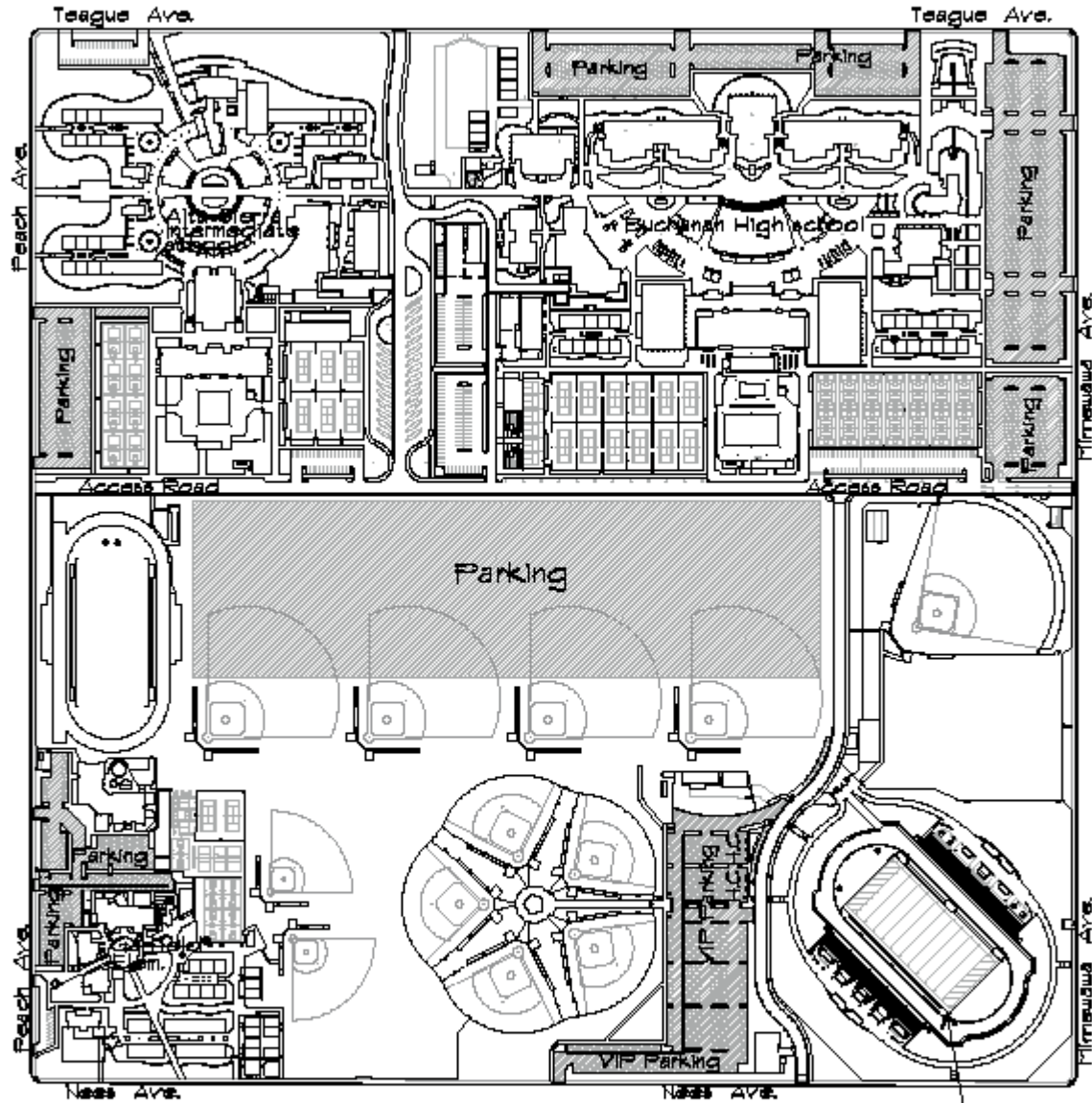
From the South:

From Highway 99, take Highway 180 east and stay in the right lane to easily merge onto Highway 168 east. Take the Herndon off ramp, turn left on Herndon, then turn right on Villa. Proceed north to Nees (about 1 mile).

Alternate Route From the South:

From Highway 99, take Highway 41 to Highway 180 east. Stay in the right lane to easily merge onto Highway 168 east. Take the Shaw or Herndon exits as indicated above.

SITE PARKING MAP

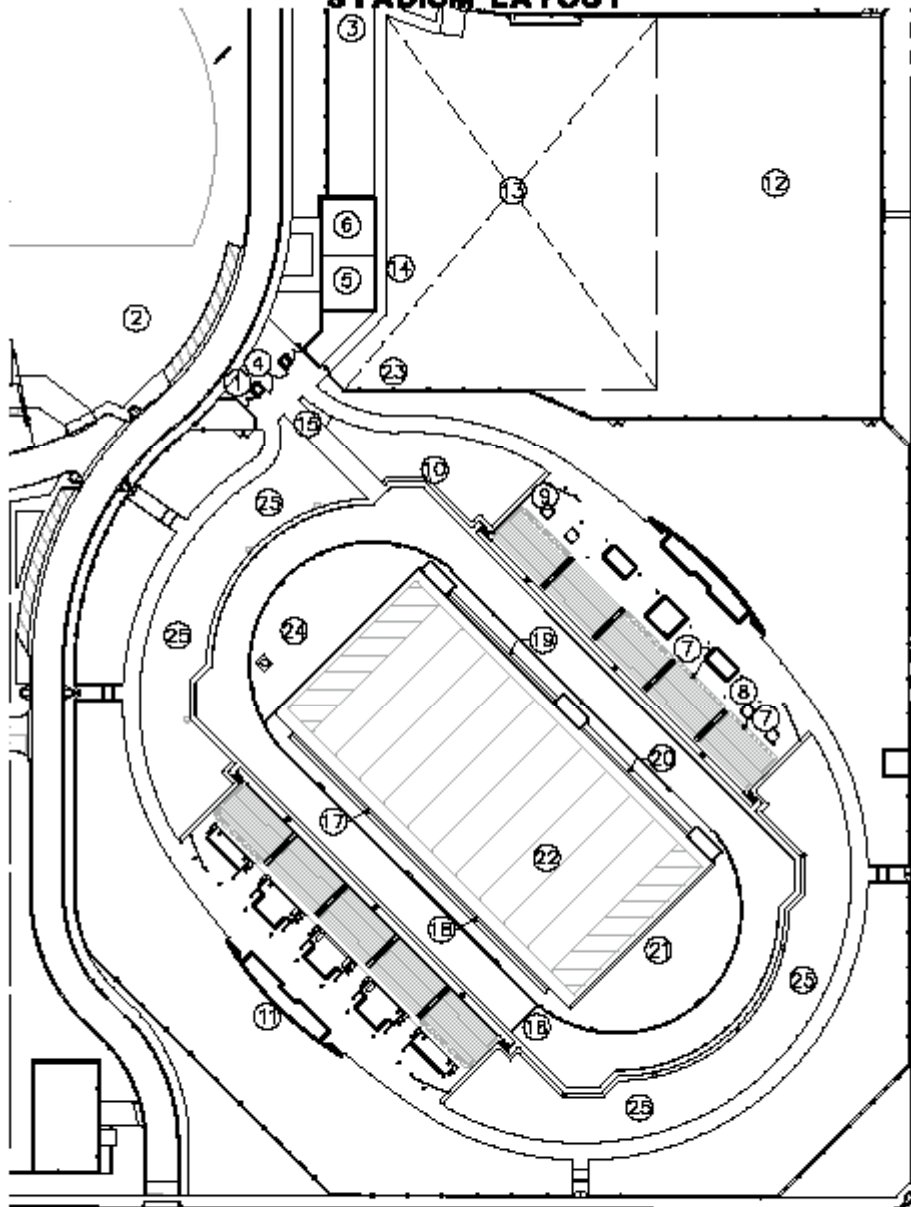


VETERANS MEMORIAL STADIUM
 1550 N. Minnow Ave
 Clovis, CA 95611

LEGEND:
 HC = ACCESSIBLE PARKING

NOTE:
 NO STREET PARKING ON
 NESS OR IN POSTED
 PKP / ANPS

STADIUM LAYOUT



- | | | |
|---------------------------------------|-----------------------|-------------------|
| ① MAIN GATE & TICKET SALES | ⑨ COACHES CORNER | ⑱ BOYS POLE VAULT |
| ② ADDITIONAL TICKET SALES | ⑩ INTERVIEW AREA | ⑲ TRIPLE JUMP |
| ③ ATHLETES/COACHES/
OFFICIALS GATE | ⑪ ANNOUNCER'S BOOTH | ⑳ LONG JUMP |
| ④ PASS GATE | ⑫ DISCUS EVENT | ㉑ HIGH JUMP |
| ⑤ "VIP" HOSPITALITY | ⑬ WARM-UP AREA | ㉒ AWARDS STAND |
| ⑥ OFFICIALS | ⑭ WEIGHTS & MEASURES | ㉓ FIRST AID |
| ⑦ PRESS TABLES | ⑮ CLERK OF THE COURSE | ㉔ SHOT PUT |
| ⑧ MEDIA WORK TENT | ⑯ FINISH LINE | ㉕ BERM SEATING |
| | ⑰ GIRLS POLE VAULT | |



APPENDIX II
2010 CIF STATE TRACK AND FIELD CHAMPIONSHIPS
Supervision Form

ATHLETES' CODE OF CONDUCT/ COACHES' RESPONSIBILITY FOR SUPERVISION

The following code of conduct for athletes and coaches is required:

- School personnel are expected to supervise students at all times - including travel to and from the meet and at any time the students are present in the host city, in a restaurant or hotel, or in any other location.
- School personnel are expected to set high standards of behavior that are meant to show the highest respect for themselves, their school and also others and their property.
- These standards should include clear prohibition of the use of any illegal substance, tobacco or alcohol.
- Student's conduct, as well as the conduct of coaches and other school personnel, will reflect positively or negatively upon themselves, their families, the school and the sport. **It is the expectation of CIF that standards of behavior will be set and discussed with students before traveling to the meet and that standards will be enforced throughout the time the students are away from school for the event. Pursuing Victory With Honor principles apply at all times.**
- Coaches must submit this form ***Friday morning, at the Athletes' Entrance*** when they pick up their packets. Indicate the person responsible for supervision and the name and phone number of the hotel/motel and cell phone where the supervisor can be reached.

**PACKETS WILL NOT BE RELEASED WITHOUT
THIS FORM**

PLEASE FILL OUT THE FOLLOWING FORM

High School _____

Name of Administrator/Coach Responsible for Supervision of Student-Athlete(s)

At Which Hotel/Motel Will You be Staying during the Championships?

At What Phone Number Can You Be Reached During the Championships? (List hotel/motel phone and cell phone)

Signature _____

APPENDIX III

Communicable Disease Procedures

While the risk of one athlete infecting another with HIV/AIDS during competition is close to non-existent, there is a remote risk that other blood borne infectious diseases can be transmitted. For example, Hepatitis B can be present in blood as well as in other body fluids. Procedures for reducing the potential for transmission of these infectious agents should include, but not be limited to, the following:

1. The bleeding must be stopped, the open wound covered and if there is an excessive amount of blood on the uniform it must be changed before the athlete may participate.
2. Routine use of gloves or other precautions to prevent skin and mucous membrane exposure when contact with blood or other body fluids is anticipated.
3. Immediately wash hands and other skin surfaces if contaminated (in contact) with blood or other body fluids. Wash hands immediately after removing gloves.
4. Clean all contaminated surfaces and equipment with an appropriate disinfectant before competition resumes.
5. Practice proper disposal procedures to prevent injuries caused by needles, scalpels and other sharp instruments or devices.
6. Although saliva has not been implicated in HIV transmission, to minimize the need for emergency mouth-to-mouth resuscitation, mouthpieces, resuscitation bags, or other ventilation devices should be available for use.
7. Athletic trainers/coaches with bleeding or oozing skin conditions should refrain from all direct athletic care until the condition resolves.
8. Contaminated towels should be properly disposed of/disinfected.
9. Follow acceptable guidelines in the immediate control of bleeding and when handling bloody dressings, mouth guards and other articles containing body fluids.

Additional information is available from the National Federation of State High School Associations (NFHS).

March, 1995

APPENDIX IV

Letter from Executive Director

TO: Athletic Director/Track and Field Coach
FROM: Marie M. Ishida, CIF Executive Director

The state track meet brings together some of the best athletes and coaches in the nation. Each year, we look forward to the best national performances of the season and assaults on long-standing state and national records. The meet is designed to honor the best in California, the best athletes and the best school teams.

However, there's a problem that needs attention. While most student-athletes behave with class and dignity at the event, it has not been the case for some at hotels or in the surrounding environs during the stay in a host city. In recent years, some students have embarrassed themselves, their schools and the high school track community by their behavior. It is with this in mind that we lay out the following expectations and standards for students and teams participating in this state event.

- Schools must provide adequate supervision of students at all times and take full responsibility for the actions and conduct of students not only at the event, but also while the students are traveling to or from, or in, the host city and event venue.
- School personnel must set high standards of conduct for students and explain and enforce these standards.
- Coaches will be asked to submit a form (Appendix II) indicating the person responsible for supervision and the name and phone number of the hotel/motel and cell phone where the supervisor can be reached.

These standards include:

- Respectful behavior, at all times, toward competitors, coaches', officials and all others they may encounter while guests in another community -- including, but not limited to, restaurant and hotel personnel and guests.
- Adherence to any rules, regulations or laws of a community, or the state.
- Behaving in such a way to bring honor to themselves, to their school and to the track and field community.
- Respectful behavior at all times toward private or public property.

If there is any incidence of behavior that reflects negatively on the school or a school team, we will recommend to the CIF Executive Committee, as a minimum sanction, that the school be the subject of sanctions, which may include being barred from participation by any of its students in the state track meet for at least one year.

Let us do our best to ensure that all those who participate in the CIF State Track and Field Meet "Pursue Victory With Honor" throughout the entire weekend.