



# California Golden Bears

## 2010 ALL-COMERS TRACK & FIELD MEETS

- Meet Dates:** January 16, February 6 & 20
- Divisions:** Youth, High School, Open, Masters, Men & Women
- Rules:** USATF
- Facility:** University of California @ Berkeley World-Class Edwards Stadium and Goldman Field  
**TRACK AND RUNWAY'S ARE TARTAN, AND ONLY 1/4 SPIKES WILL BE ALLOWED**
- Entry Fee:** \$5/athlete & \$3/spectator (anyone who enters the stadium)
- Waivers:** All participants must sign Waiver of Liability, Assumption of Risk, and Indemnity Agreement
- Meet Info:** [calmeets@gmail.com](mailto:calmeets@gmail.com)

### Time Schedule & Order of Events

#### FIELD EVENTS

#### RUNNING EVENTS

9:00 AM	Weight Throw (Jan 16 only) Hammer (Feb 6 & 20 only)		
10:30 AM	High Jump		<b>Rolling Schedule</b>
11:00 AM	Shot Put	11:00 AM	400m Relay
	Long Jump followed by Triple Jump		1500m
12:00 PM	Javelin followed by Discus		60mHH/(110HH on Feb 20 only)
	Pole Vault		400m
			60m/(100 on Feb 20 only)
			800m
			300mIH/(400IH on Feb 20 only)
			200m
			3200m
			1600m Relay

Tony Sandoval, Director of Track Field/Cross Country  
University of California, Haas Pavilion, Berkeley, CA 94720  
FAX (510) 642-9262