

## Ca. High School Indoor Invt.

Feb. 6, 2010

RUNNING EVENTS			
TIME	EVENT	DIV.	HEAT
2:30p	55mHH	G	Heat 1
2:34p	55mHH	G	Heat 2
2:38p	55mHH	G	Heat 3
2:42p	55mHH	G	Heat 4
2:46p	55mHH	G	Heat 5
2:50p	55mHH	B	Heat 1
2:54p	55mHH	B	Heat 2
2:58p	55mHH	B	Heat 3
3:02p	55mHH	B	Heat 4
3:06p	55mHH	B	Heat 5
3:10p	55m	G	Heat 1
3:14p	55m	G	Heat 2
3:18p	55m	G	Heat 3
3:22p	55m	G	Heat 4
3:26p	55m	G	Heat 5
3:30p	55m	B	Heat 1
3:34p	55m	B	Heat 2
3:38p	55m	B	Heat 3
3:42p	55m	B	Heat 4
3:46p	55m	B	Heat 5
3:50p	55mHH	G	Final
3:54p	55mHH	B	Final
3:58p	55m	G	Final
4:02p	55m	B	Final
4:05p	Replace Track		
4:40p	Mile Run	G	Section 1
4:50p	Mile Run	G	Section 2
5:00p	Mile Run	B	Section 1
5:10p	Mile Run	B	Section 2
5:20p	4 x 160m	G	Heat 1
5:25p	4 x 160m	G	Heat 2
5:30p	4 x 160m	G	Heat 3
5:35p	4 x 160m	G	Heat 4
5:40p	4 x 160m	G	Heat 5
5:45p	4 x 160m	G	Heat 6
5:50p	4 x 160m	B	Heat 1
5:55p	4 x 160m	B	Heat 2
6:00p	4 x 160m	B	Heat 3
6:05p	4 x 160m	B	Heat 4
6:10p	4 x 160m	B	Heat 5
6:15p	4 x 160m	B	Heat 6
6:20p	600m	G	Heat 1
6:25p	600m	G	Heat 2
6:30p	600m	G	Heat 3
6:35p	600m	G	Heat 4
6:40p	600m	G	Heat 5
6:45p	600m	G	Heat 6
6:50p	600m	B	Heat 1
6:55p	600m	B	Heat 2
7:00p	600m	B	Heat 3
7:05p	600m	B	Heat 4
7:10p	600m	B	Heat 5
7:15p	600m	B	Heat 6
7:20p	800m	G	Heat 1
7:25p	800m	G	Heat 2
7:30p	800m	G	Heat 3
7:35p	800m	B	Heat 1
7:40p	800m	B	Heat 2
7:45p	800m	B	Heat 3
7:50p	2 Mile	G	Section 1
8:05p	2 Mile	G	Section 2
8:20p	2 Mile	B	Section 1
8:35p	2 Mile	B	Section 2
8:50p	4 x 400m	G	Heat 1
8:55p	4 x 400m	G	Heat 2
9:00p	4 x 400m	G	Heat 3
9:05p	4 x 400m	G	Heat 4
9:10p	4 x 400m	G	Heat 5
9:15p	4 x 400m	G	Heat 6
9:20p	4 x 400m	B	Heat 1
9:25p	4 x 400m	B	Heat 2
9:30p	4 x 400m	B	Heat 3
9:35p	4 x 400m	B	Heat 4
9:40p	4 x 400m	B	Heat 5
9:45p	4 x 400m	B	Heat 6

Feb. 6, 2010

FIELD EVENTS			
TIME	EVENT	DIV.	
2:00p	Pole Vault	G	
2:00p	Long Jump	B	
4:00p	Shot Put	G	
4:00p	25lb Weight	B	(Invitation Only)
4:00p	Long Jump	G	
4:30p	High Jump	G	
5:00p	Pole Vault	B	
6:00p	Triple Jump	B	
6:00p	Shot Put	B	
6:00p	20lb Weight	G	(Invitation Only)
6:30p	High Jump	B	
8:00p	Triple Jump	G	