



## Super XC Classic

@ Frank G. Bonelli Regional Park in San Dimas

*"This is a beautiful looping cross country course that has everything: grass, dirt, trails, hills, and a wide grass start; however, the best part is spectators can see virtually the entire course from the start/finish line area."* — Tim O'Rourke, LA84 Coaches' Education Coordinator, Footlocker Western Regional Elite Coordinator, MSAC XC Invitational Meet Director

Date: Saturday October 2, 2010

Location: Frank G. Bonelli Regional Park  
120 Via Verde San Dimas, CA 91773 (phone: 909 599-8411)

Parking: \$10 per vehicle and \$30 per bus (cash only, please)

Cost: \$300.00 for FULL SCHOOL (boys and girls)  
\$150.00 for all four grade levels (boys or girls)  
\$45.00 per grade level or \$10.00 per individual

Awards: **Individual** – top 30 finishers in each race will receive medals, awarded at the finish chute)  
**Team** – top teams each race, based on the top 5 times per team.  
**Varsity** – patches will be awarded to 1<sup>st</sup> place team members

### Race Schedule:

8:00 AM	Freshman Boys	10:00 AM	Sophomore Boys
8:30 AM	Freshman Girls	10:30 AM	Sophomore Girls
9:00 AM	Varsity Boys	11:00 AM	JV Boy
9:30 AM	Varsity Girls	11:30 AM	JV Girls

Course: The course is a 1.5 mile loop; repeated. The terrain includes grass, trails, and dirt bike paths.

See video of the course on race site at [www.dyestatcal.com](http://www.dyestatcal.com)

*This is one of the best spectator courses around. You can stand or sit on a grass hill overlooking the course and see the runners eight times from start to finish! The starting line, one-mile mark, two-mile mark and the finish line are all located close together.*

Refreshments: Snacks and drinks will be available at the concession stand.

T-shirts: Custom 100% cotton T-shirts will be on sale for \$15.00

Questions: Contact Bill Reeves, meet director, at (951) 440-5725 or by email to [breeves@cvusd.k12.ca.us](mailto:breeves@cvusd.k12.ca.us)

Registration: Starts Monday September 1, 2010 (deadline is Friday September, 25<sup>th</sup>) on-line at [www.finishedresults.com](http://www.finishedresults.com) (problems, contact Chris Drescher [finishedresults@gmail.com](mailto:finishedresults@gmail.com) or by phone at 951-334-8300)

Confirm your spot for the *Top Speed* **RUNNING** Super XC Classic, by sending contact information (name, address, email, phone #) to Bill Reeves, meet director ([breeves@cvusd.k12.ca.us](mailto:breeves@cvusd.k12.ca.us))

Please send check (payable to South Hills Cross Country) to

Super XC Classic  
645 S. Barranca Ave.  
West Covina, CA 91723

Checks may be brought on race day; **no payment → no race**

Results: Race results will be available following the meet on [www.dyestatcal.com](http://www.dyestatcal.com)

