

**2010  
Gary Adams  
McFarland High School/Cesar Chavez High School  
Invitational**

**Meet- Gary Adams Invite**

**When- April 16, 2010 Time- 3:30pm**

**Where- Cesar Chavez High School**

**Host- Cesar Chavez High School and McFarland High School**

**Spike- spikes must be 3/16 or smaller (spikes will be checked and must be changed before entering stadium.)**

**Awards- 1<sup>st</sup>-3<sup>d</sup> place medals**

**1<sup>st</sup> and 2<sup>nd</sup> place team awards (small/large)**

**MVP= Awards for outstanding individuals**

**Divisions- Frosh/Soph Boys, Varsity Girls, Varsity Boys**

**Entries- 4 athletes for 100m, hurdles, throwing and jumping events. 800m, 1600m and 3200m are unlimited.**

**Entry Deadline- Fax or email entries to 661-792-6707 or [amayon@mcfarland.k12.ca.us](mailto:amayon@mcfarland.k12.ca.us). Deadline April 9, 2010.**

**Cost- \$6.00 per athlete, \$10.00 per relay, max \$180.00 per school. Checks payable: McFarland High School Track. Due before or on meet day (NO EXCEPTIONS)**

**Contacts- Amador Ayon**

**661-792-3126**

**661-709-7421**

**[amayon@mcfarland.k12.ca.us](mailto:amayon@mcfarland.k12.ca.us)**

**Joel Lopez**

**661-792-3126**

**[jolopez@mcfarland.k12.ca.us](mailto:jolopez@mcfarland.k12.ca.us)**

***If your team is interested in attending this year please respond with the following information***

- 1. High School Name**
- 2. Coach(s) Name**
- 3. Contact Number and Email**
- 4. School Fax Number/School Contact Number**

***Running Events Start at 3:30pm***

|                        |                             |                      |
|------------------------|-----------------------------|----------------------|
| <b><i>F/S</i></b>      | <b><i>4 x 800 Relay</i></b> | <b><i>3:30PM</i></b> |
| <b><i>Girls</i></b>    | <b><i>4 x 800 Relay</i></b> |                      |
| <b><i>VB Boys</i></b>  | <b><i>4 x 800 Relay</i></b> |                      |
| <b><i>F/S</i></b>      | <b><i>4 x 100 Relay</i></b> | <b><i>3:45PM</i></b> |
| <b><i>Girls</i></b>    | <b><i>4 x 100 Relay</i></b> | <b><i>3:55PM</i></b> |
| <b><i>VB Boys</i></b>  | <b><i>4 x 100 Relay</i></b> | <b><i>4:05PM</i></b> |
| <b><i>F/S</i></b>      | <b><i>1600m</i></b>         | <b><i>4:15PM</i></b> |
| <b><i>Girls</i></b>    | <b><i>1600m</i></b>         | <b><i>4:25PM</i></b> |
| <b><i>VB Boys</i></b>  | <b><i>1600m</i></b>         | <b><i>4:35PM</i></b> |
| <b><i>Girls</i></b>    | <b><i>100 Hurdles</i></b>   | <b><i>4:45PM</i></b> |
| <b><i>F/S</i></b>      | <b><i>110 Hurdles</i></b>   | <b><i>5:00PM</i></b> |
| <b><i>VB Boys</i></b>  | <b><i>110 Hurdles</i></b>   | <b><i>5:15PM</i></b> |
| <b><i>F/S</i></b>      | <b><i>400m</i></b>          | <b><i>5:30PM</i></b> |
| <b><i>Girls</i></b>    | <b><i>400m</i></b>          | <b><i>5:45PM</i></b> |
| <b><i>VB Boys</i></b>  | <b><i>400m</i></b>          | <b><i>6:00PM</i></b> |
| <b><i>F/S</i></b>      | <b><i>100m</i></b>          | <b><i>6:15PM</i></b> |
| <b><i>Girls</i></b>    | <b><i>100m</i></b>          | <b><i>6:30PM</i></b> |
| <b><i>VB Boys</i></b>  | <b><i>100m</i></b>          | <b><i>6:45PM</i></b> |
| <b><i>F/S</i></b>      | <b><i>800m</i></b>          | <b><i>7:00PM</i></b> |
| <b><i>Girls</i></b>    | <b><i>800m</i></b>          | <b><i>7:05PM</i></b> |
| <b><i>VB Boys</i></b>  | <b><i>800m</i></b>          | <b><i>7:10PM</i></b> |
| <b><i>Girls</i></b>    | <b><i>300 hurdles</i></b>   | <b><i>7:15PM</i></b> |
| <b><i>F/S Boys</i></b> | <b><i>300 hurdles</i></b>   | <b><i>7:30PM</i></b> |
| <b><i>VB Boys</i></b>  | <b><i>300 hurdles</i></b>   | <b><i>7:40PM</i></b> |
| <b><i>F/S</i></b>      | <b><i>200m</i></b>          | <b><i>7:55PM</i></b> |
| <b><i>Girls</i></b>    | <b><i>200m</i></b>          | <b><i>8:10PM</i></b> |
| <b><i>VB Boys</i></b>  | <b><i>200m</i></b>          | <b><i>8:25PM</i></b> |
| <b><i>F/S</i></b>      | <b><i>3200m</i></b>         | <b><i>8:40PM</i></b> |
| <b><i>Girls</i></b>    | <b><i>3200m</i></b>         | <b><i>8:55PM</i></b> |
| <b><i>VB Boys</i></b>  | <b><i>3200m</i></b>         | <b><i>9:15PM</i></b> |
| <b><i>F/S</i></b>      | <b><i>1600 Relay</i></b>    | <b><i>9:30PM</i></b> |
| <b><i>Girls</i></b>    | <b><i>1600 Relay</i></b>    | <b><i>9:40PM</i></b> |
| <b><i>VB Boys</i></b>  | <b><i>1600 Relay</i></b>    | <b><i>9:50PM</i></b> |

***Running Event times are estimated and events may go ahead of schedule. The 4 x 800 relay will be combined into one race.***

**Field Events**

**Flight 1- 4:00pm**

**Girls Long Jump**

**Girls Shot Put**

**Varsity Boys High Jump**

**F/S Boys Triple Jump**

**Varsity Boys Discus**

**Flight 2- 6:00pm**

**Girls Discus**

**Girls High Jump**

**F/S Boys Long Jump**

**F/S Boys Shot Put**

**Varsity Boys Triple Jump**

**Flight 3- 7:30pm**

**Varsity Boys Shot Put**

**Girls Triple Jump**

**Varsity Boys Long Jump**

**F/S Boys Discus**

**F/S Boys High Jump**