

2010 Livermore Valley Wine Country Relays (Formerly Livermore-Granada Games)
Co-hosted by Livermore Granada High Schools
Saturday, April 3, 2010

Location: Granada High School, 400 Wall St., Livermore, CA 94550

Facilities: 9 lane all-weather track with dual pole vault and high jump venues

Cost: \$90 per division (FSB, FSG, VB, VG), maximum \$300 per school.

Schedule:

9:00 a.m. 4x800 FSG, FSB, VG, VB
4x200 FSG, FSB, VG, VB
Shuttle Hurdles 4x100/110, FSG, VG, FSB, VB
Open 400, FSG, FSB, VG, VB
DMR 12-4-8-16, FSG, FSB, VG, VB
4x100m Throwers/2 boys, 2 girls/FS, V
4x100m FSG, FSB, VG, VB
300H, FSG, VG, FSB, VB
3200m, FSG-VG, FSB-VB
4x400m, FSG, FSB, VG, VB

9:00 a.m. Shot put VB, VG, Throwers 4x100 Relay, FSB, FSG
Discus VG, VB, Throwers 4x100 Relay, FSG, FSB
Long Jump VB, VG, FSB, FSG
Triple Jump, VG, VB, FSG, FSB
High Jump, FSB, FSG small pit
High Jump VG, VB large pit
Pole Vault, VG, VB south pit
Pole Vault, FSG, FSB north pit

- Entries and seeding will be done the day of the meet. No pre-meet entries are necessary!
- Top 2 competitors' efforts in field events will be added for a relay.
- No entry limits. BRING YOUR ENTIRE TEAM.
- An automatic timing system will be used.
- A professional trainer will be onsite.
- The LHS/GHS track parents will operate a snack bar for all athletes and spectators.
- Meet t-shirts will be sold the day of the meet.

Make checks out to: LHS Track

Send checks to: Renee Haugen
Livermore High School
600 Maple St.
Livermore, CA 94550

Questions? Contact Renee Haugen, rhaugen@livermore.k12.ca.us or 925-606-4812 x2422.