



WASCO UNION HIGH SCHOOL

RAUL T. RANGEL, ATHLETIC/ACTIVITIES DIRECTOR
MARYANN LUCAS, ACTIVITIES COORDINATOR
KYNA MECHAM, OFFICE CLERK

"HOME OF THE PROUD TIGERS"

2009 Wasco Invitational

Coaches and Athletic Directors,

We are pleased to announce the 2nd Annual Wasco Cross Country Invitational for the 2009 season. This event will feature early season competition from schools across the Central Valley and will coincide with the annual Wasco Rose Festival. We hope to provide an enjoyable event for all runners and teams and we hope to see you there. The event details are as follows:

Date: Friday, September 11, 2009

Location: Westside Park (one block west of Wasco High School)

Concessions will be available and water will be provided at the chute

Race Schedule and Distances:

3:30 pm – Frosh / Soph Boys 2 miles

3:45 pm – JV Girls 2 miles

4:00 pm – JV Boys 2 miles

4:15 pm – Varsity Girls 3 miles

4:35 pm – Varsity Boys 3 miles

Awards Ceremony Following Varsity Boys Race

Awards:

Team trophies will be awarded to the champion and runner-up in each race. Top 10 individuals in each race will medal.

Entry Rules:

Standard cross country scoring will be in effect for team competition. A team of 5-7 runners is required for eligibility in team awards. **VARSITY RACES ARE LIMITED TO 7 RUNNERS PER SCHOOL, ALL OTHERS MUST RUN IN THE JV OR FROSH / SOPH RACES.** CIF uniform policy will be in effect.

Fees:

Each team of 5-7 runners will owe a \$15.00 team fee. Individuals that are not members of a scoring team will owe a \$3.00 individual fee. Therefore, a school that fields 5 scoring teams of 7 runners and 6 individuals will owe $\$75.00 + \$18.00 = \$93.00$. For large teams, a maximum school fee will be \$150.00. Please make checks payable to Wasco High School. All payments must be received prior to the beginning of the first race.

Contact Information:

Athletic Director – Raul Rangel, 758-7400 ext. 45022

Coach – Craig Williams, 758-7400 ext. 45108

ATHLETIC /ACTIVITIES DEPARTMENT P.O. BOX 250 WASCO, CALIFORNIA 95280 PHONE 661-758-7434/ FAX 661-758-9201



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**Please inform us if you will be attending by Friday Sep. 4 ,
2009.**

Mail or FAX to Raul Rangel – Athletic Director
Wasco High School
1900 7th Street
Wasco, CA 93280

FAX: (661) 758-9201

School: _____ Coach's Name(s) _____

Will you be joining us? _____ YES _____ NO

Thank you