



## 2009 CIF-SS Toyota Cross Country Prelims

Meet results can be found on the internet at [www.teamtrax.net/cifssxcprelims/](http://www.teamtrax.net/cifssxcprelims/)

### Individual Race Results - Race 24 2:16pm Div. 4 Varsity Women Heat 3 (3M)

<u>Place</u>	<u>Bib#</u>	<u>Name</u>	<u>Yr</u>	<u>Team</u>	<u>Time</u>	<u>Pace</u>
1	2940	Shanahan, Danielle	9	Bishop Montgomery	19:08	6:23
2	2934	Grove, Annie	10	Bishop Montgomery	19:11	6:24
3	3175	Gonzales, Michelle	12	Mayfield Senior	19:15	6:25
4	3113	Nokes, Mckenna	12	Laguna Beach	19:15	6:25
5	3054	De Young, Katie	12	JSerra	19:20	6:27
6	3358	Illes, Monica	12	Santa Ynez	19:26	6:29
7	3169	Alvarez, Karina	9	Mayfield Senior	19:29	6:30
8	3033	Vargas, Stephanie	10	Flintridge Sacred Heart	19:32	6:31
9	3065	Nilssen, Caitlyn	9	JSerra	19:34	6:31
10	3120	Strickland, Natasha	10	Laguna Beach	19:40	6:33
11	3063	Mujica, Taylor	12	JSerra	19:48	6:36
12	3123	Yamasaki, Parker	12	Laguna Beach	19:54	6:38
13	3170	Banks, Ellen	12	Mayfield Senior	19:56	6:39
14	3069	Vitrano, Leah	10	JSerra	19:58	6:39
15	3000	Freiberger, Megan	9	El Segundo	19:58	6:39
16	3060	Lindholm, Colby	9	JSerra	20:00	6:40
17	3174	Gonzales, Melissa	11	Mayfield Senior	20:02	6:41
18	2983	Strodel, Hunter	11	Costa Mesa	20:03	6:41
19	2999	Farello, Anna	9	El Segundo	20:24	6:48
20	3171	Cordano, Christina	9	Mayfield Senior	20:45	6:55
21	3025	Aguilar, Amanda	10	Flintridge Sacred Heart	20:48	6:56
22	3106	Artman, Gerry	12	Laguna Beach	20:50	6:57
23	3116	Ronses, Beverley	11	Laguna Beach	20:50	6:57
24	3068	Vaday, Michelle	11	JSerra	20:51	6:57
25	3110	Merchant, Marisa	10	Laguna Beach	20:52	6:57
26	2980	Friedmann, Raquel	10	Costa Mesa	20:53	6:58
27	3172	Currer, Celia	11	Mayfield Senior	20:55	6:58
28	3319	Scherer, Ricki	9	Rosamond	20:56	6:59
29	3031	Senstad, Mary	10	Flintridge Sacred Heart	20:58	6:59
30	3177	Mozilo, Coley	10	Mayfield Senior	20:59	7:00
31	3026	Brown, Emily	12	Flintridge Sacred Heart	21:07	7:02
32	3027	Conti, Paige	11	Flintridge Sacred Heart	21:12	7:04
33	2998	Brown, Darcy	10	El Segundo	21:17	7:06
34	3029	Romero, Maddie	10	Flintridge Sacred Heart	21:25	7:08
35	2985	Yamamoto, Kaitlin	12	Costa Mesa	21:34	7:11
36	3469	Lakey, Cameo	12	Twentynine Palms	21:42	7:14
37	3115	Radach, Sophie	11	Laguna Beach	21:44	7:15
38	3473	Roberts, Sara	10	Twentynine Palms	21:47	7:16
39	3067	Teske, Sydney	12	JSerra	21:48	7:16
40	3032	Spiers, Elizabeth	9	Flintridge Sacred Heart	21:58	7:19
41	3308	Colmenares, Isabel	12	Rosamond	21:59	7:20
42	3001	Lee, MacKenzie	12	El Segundo	22:01	7:20
43	3006	Vezina, Macy	9	El Segundo	22:03	7:21
44	2979	Arqueta, Natalie	12	Costa Mesa	22:09	7:23
45	3449	Melendez, Ariel	9	St. Paul	22:11	7:24
46	3005	Segura, Mandie	9	El Segundo	22:13	7:24
47	2924	Arevalo, Elizabeth	12	Bishop Montgomery	22:14	7:25
48	3443	Barron, Jasmine	10	St. Paul	22:24	7:28
49	3305	Barrios, Monica	12	Rosamond	22:34	7:31
50	3476	Tree, Monica	12	Twentynine Palms	22:47	7:36
51	2981	McNulty, Shaylen	11	Costa Mesa	22:54	7:38
52	3052	Hernandez, Gladys	11	Holy Family	23:00	7:40
53	3317	Rodriguez, Andrea	12	Rosamond	23:04	7:41

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<u>Place</u>	<u>Bib#</u>	<u>Name</u>	<u>Yr</u>	<u>Team</u>	<u>Time</u>	<u>Pace</u>
54	2928	Costantini, Paulina	10	Bishop Montgomery	23:07	7:42
55	2937	Hilger, Angelina	10	Bishop Montgomery	23:35	7:52
56	3450	Ojeda, Erica	10	St. Paul	23:42	7:54
57	2926	Ballister, Rachel	12	Bishop Montgomery	24:00	8:00
58	3447	Lujan, Natalie	11	St. Paul	24:08	8:03
59	3389	Thompson, Taylor	9	Silver Valley	24:12	8:04
60	2932	Gang, Summer	10	Bishop Montgomery	24:15	8:05
61	2986	Zambrano, Gloria	11	Costa Mesa	24:17	8:06
62	3472	Roberts, Lenore	10	Twentynine Palms	24:18	8:06
63	3470	Morrissey, Breanna	11	Twentynine Palms	24:19	8:06
64	3011	Nelson, Baelyn	11	Excelsior Education Cntr	24:23	8:08
65	2982	Munoz, Maria	11	Costa Mesa	24:28	8:09
66	3004	McCue, Molly	12	El Segundo	24:29	8:10
67	3467	Hennings, Erica	11	Twentynine Palms	24:52	8:17
68	3442	Aguila, Andrea	12	St. Paul	24:58	8:19
69	3471	Morrissey, Jackie	10	Twentynine Palms	24:59	8:20
70	3446	Hernandez, Christina	9	St. Paul	25:03	8:21
71	3369	Pineda, Chasity	11	Serra	25:24	8:28
72	3009	Hearne, Rachel	11	Excelsior Education Cntr	25:28	8:29
73	3451	Palencia, Desiree	10	St. Paul	25:46	8:35
74	3008	Hagas, Arrianna	12	Excelsior Education Cntr	25:59	8:40
75	3307	Cartee, Michelle	12	Rosamond	26:03	8:41
76	3013	Smith, Emily	12	Excelsior Education Cntr	26:35	8:52
77	3313	Manzanares, Nicole	12	Rosamond	26:35	8:52
78	3012	Newbern, Felicia	11	Excelsior Education Cntr	26:46	8:55
79	3315	Perez, Tiffanie	12	Rosamond	27:18	9:06
80	3365	Lopez, Cynthia	12	Serra	28:25	9:28
81	3010	Licon, Rebe	9	Excelsior Education Cntr	31:02	10:21
82	3014	White, Stephanie	12	Excelsior Education Cntr	31:02	10:21