

**CIF CENTRAL SECTION
2009 CROSS COUNTRY CHAMPIONSHIPS**

Hosted by Madera High School
Woodward Park - Fresno, CA
Thursday, November 12th

*** DIV III * GIRLS 5K/3.1 Miles - INDIVIDUAL RESULTS ***

Results by PRO RACE GROUP of Fresno (www.proracegroup.com)

Ovrll	TEAM	PLACE	Pfce	NAME	ABBR/SCHOOL	GRADE	Finish TIME	PACE p/mile	Race NO.
1		1		Alisha Brown	MAD-S/Madera South	SR	18:32	5:59	64
2		2		Katie FRY	EXET/Exeter Union High	JR	18:56	6:07	517
3		3		Tijerra Lynch	RIDG-B/Ridgeview - Bakersfield	JR	19:06	6:10	827
4		4		Jennifer Nakamura	CLOVN/Clovis North	JR	19:10	6:11	643
5		5		Sharessa Archie	CLOVN/Clovis North	SO	19:13	6:12	644
6		6		Sarah Ahgazeynali	CLOVN/Clovis North	SO	19:15	6:13	645
7		7		Desiree Armendariz	RIDG-B/Ridgeview - Bakersfield	SO	19:41	6:21	828
8		8		Moriah Millwee	SHAF/Shafter High	SO	19:56	6:26	314
9		9		Carli Preston	SHAF/Shafter High	FR	20:11	6:31	315
10		10		Cambria Tudor	SHAF/Shafter High	FR	20:12	6:31	316
11		11		Katie Sandoval	CLOVN/Clovis North	FR	20:12	6:31	646
12		12		Michelle Carruth	CLOVN/Clovis North	SO	20:31	6:38	648
13		13		Danielle Tildahl	TEHA/Tehachapi High	JR	20:37	6:39	815
14		14		Acacia Ingram	IND-BAK/Independence - Bakersfield	JR	20:38	6:40	476
15		15		Akaysha Dhaliwal	MAD-S/Madera South	JR	20:40	6:40	65
16		16		Lashya Morgan	RIDG-B/Ridgeview - Bakersfield	FR	20:44	6:42	829
17		17		Rebecca Wilson	CLOVN/Clovis North	JR	20:51	6:44	647
18		18		Jessica Huizar	RIDG-B/Ridgeview - Bakersfield	SR	20:57	6:46	830
19		19		Sofia Rios	MAD-S/Madera South	SO	20:59	6:47	66
20		20		Nancy Islas	SELM/Selma High	SR	21:01	6:47	563
21		21		Bailey Voss	RIDG-B/Ridgeview - Bakersfield	FR	21:03	6:48	831
22		22		Rachel Duarte	MAD-S/Madera South	FR	21:04	6:48	69
23		23		Sara Sullivan	IND-BAK/Independence - Bakersfield	SO	21:04	6:48	477
24		24		Lisset Vargas	MAD-S/Madera South	FR	21:08	6:49	67
25		25		Colleen Warmerdam	YOS-O/Yosemite High - Oakhurst	SO	21:10	6:50	671
26		26		Courtney Pacheco	RED-V/Redwood - Visalia	FR	21:13	6:51	427
27		27		Katelynn Webb	IND-BAK/Independence - Bakersfield	SO	21:18	6:53	478
28		28		Ellie Aguilera	LEMO/Lemoore High	SR	21:22	6:54	905
29		29		Ashley Foster	SHAF/Shafter High	FR	21:25	6:55	317
30		30		Sami Lee	CLOVN/Clovis North	FR	21:26	6:55	649
31		31		Adriana Chaves	RED-V/Redwood - Visalia	SR	21:27	6:56	426
32		32		Alisa Carstens	EXET/Exeter Union High	SO	21:31	6:57	516
33				Orieth Rodriguez	GV-B/Golden Valley - Bakersfield	SO	21:32	6:57	381
34				Janette Perez	CC-D/Cesar Chavez - Delano	JR	21:32	6:57	979
35		33		Cristal Rivera	MAD-S/Madera South	FR	21:34	6:58	68
36		34		Bianca Savarese	IND-BAK/Independence - Bakersfield	SO	21:35	6:58	475
37		35		Kelsi Woytovich	YOS-O/Yosemite High - Oakhurst	SR	21:36	6:58	672
38		36		Katerina Plaza	SHAF/Shafter High	JR	21:38	6:59	318
39		37		Emily Viveros	IND-BAK/Independence - Bakersfield	JR	21:40	7:00	479
40		38		Sarah Whitson	TEHA/Tehachapi High	SR	21:41	7:00	816
41		39		Kelsey Setaro	YOS-O/Yosemite High - Oakhurst	SO	21:47	7:02	674
42		40		Carmen A. Rodriguez	MO-T/Mission Oak - Tulare	SO	21:48	7:02	461
43		41		Bethany Maddox	HOOV-F/Hoover High - Fresno	FR	21:56	7:05	737
44		42		Jannette Anaya	ROO-F/Roosevelt High - Fresno	SR	21:56	7:05	160
45				Betty Valdez	McL-F/McLane High - Fresno	FR	22:00	7:06	945
46		43		Irene Rodriguez	SHAF/Shafter High	FR	22:00	7:06	320
47		44		Marisol Madrigal	FRES/Fresno High	SO	22:04	7:07	194
48		45		Yohanna Madrigal	FRES/Fresno High	JR	22:04	7:08	193
49		46		Deserae Tarr	RIDG-B/Ridgeview - Bakersfield	FR	22:09	7:09	832
50				Abigail DeLaCruz	GH-P/Granite Hills - Porterville	JR	22:11	7:10	433
51		47		Natalie Ambriz	IND-BAK/Independence - Bakersfield	JR	22:11	7:10	481
52		48		Amanda Castellon	WASC/Wasco High	JR	22:12	7:10	607
53		49		Sayria Rivera	HOOV-F/Hoover High - Fresno	FR	22:18	7:12	740
54		50		Rachel Evans	TEHA/Tehachapi High	JR	22:18	7:12	811
55		51		Cynthia Juarez	DELA/Delano High	SO	22:18	7:12	290
56		52		Emily Johnson	RIDG-B/Ridgeview - Bakersfield	FR	22:19	7:12	833

57	53	Jennifer Ikeno	RED-V/Redwood - Visalia	JR	22:23	7:14	429
58		Maria Sahagun	GV-B/Golden Valley - Bakersfield	SO	22:28	7:15	382
59	54	Brittany Ketscher	EXET/Exeter Union High	SR	22:31	7:16	518
60	55	Ashlei Esparza	PORT/Porterville High	SO	22:32	7:16	402
61	56	Dayali Corrales	DELA/Delano High	JR	22:34	7:17	289
62	57	Limairy Castillo	MAD-S/Madera South	SO	22:35	7:17	70
63		Mitzi Ibarra	GV-B/Golden Valley - Bakersfield	JR	22:35	7:17	383
64	58	Fabiola Serrato	ROO-F/Roosevelt High - Fresno	JR	22:36	7:18	158
65	59	Emerolina Cantu	RED-V/Redwood - Visalia	SO	22:36	7:18	430
66	60	Lenea Lara	SHAF/Shafter High	JR	22:36	7:18	319
67	61	Natalie Espinoza	SBAK/South Bakersfield	SR	22:37	7:18	937
68	62	Alicia Ackley	LEMO/Lemoore High	SO	22:38	7:18	903
69	63	Karolyn I. Espiritu	MO-T/Mission Oak - Tulare	JR	22:40	7:19	462
70	64	Bethany Corriea	HOOV-F/Hoover High - Fresno	SR	22:41	7:19	738
71	65	Karly Brett	EXET/Exeter Union High	SO	22:43	7:20	515
72	66	Alex Gonzalez	ROO-F/Roosevelt High - Fresno	JR	22:45	7:21	163
73	67	Jadine Gonzalez	WASC/Wasco High	FR	22:50	7:22	609
74	68	Karen Jimenez	ROO-F/Roosevelt High - Fresno	SR	22:51	7:23	161
75	69	Lenora Pate	YOS-O/Yosemite High - Oakhurst	SO	22:54	7:24	673
76	70	Gabby Castro	SBAK/South Bakersfield	SR	22:57	7:25	931
77	71	Krista Tsutsui	FRES/Fresno High	SR	22:58	7:25	196
78	72	Deborah Jones	HOOV-F/Hoover High - Fresno	SO	22:59	7:25	739
79	73	Elizabeth Soto	MO-T/Mission Oak - Tulare	JR	23:02	7:26	463
80	74	Danielle Warren	RED-V/Redwood - Visalia	JR	23:08	7:28	428
81	75	Ivette Romero	PORT/Porterville High	SR	23:10	7:29	403
82	76	Celeste Fuentes	ROO-F/Roosevelt High - Fresno	JR	23:13	7:30	159
83	77	Rosa Diaz	DINU/Dinuba High	SR	23:16	7:31	263
84	78	Karina Diaz	DINU/Dinuba High	SR	23:19	7:31	264
85	79	Annie Aleman	EXET/Exeter Union High	SO	23:21	7:32	514
86	80	Nicole Hutcheson	LEMO/Lemoore High	JR	23:26	7:34	906
87		Torrvalva Jennifer	ARV/Arvin High	FR	23:28	7:34	302
88	81	Jennifer Arellano	SELM/Selma High	JR	23:29	7:35	564
89		Cathyleen Rodriquez	HANW/Hanford West High	FR	23:33	7:36	629
90	82	Alondra Martinez	SELM/Selma High	FR	23:33	7:36	565
91		Bautista Janet	ARV/Arvin High	JR	23:39	7:38	301
92	83	Reynna Gardea	FRES/Fresno High	SO	23:44	7:40	199
93	84	Carlie Croxton	IND-BAK/Independence - Bakersfield	JR	23:44	7:40	480
94	85	Victoria Ayon	DELA/Delano High	SR	23:45	7:40	291
95	86	Kathryn Moseley	LEMO/Lemoore High	JR	23:46	7:40	907
96	87	Selina Alamillo	SBAK/South Bakersfield	SO	23:47	7:41	932
97		Mercedes Salgado	GV-B/Golden Valley - Bakersfield	SR	23:52	7:42	384
98	88	Roxanna M. Menijvar	MO-T/Mission Oak - Tulare	JR	23:56	7:43	467
99	89	Jessica Folsom	YOS-O/Yosemite High - Oakhurst	JR	23:57	7:44	676
100	90	Joanna Espinoza	ROO-F/Roosevelt High - Fresno	JR	23:57	7:44	162
101	91	Andreina Reyes	WASC/Wasco High	JR	23:58	7:44	611
102	92	Brooke Villareal	ROO-F/Roosevelt High - Fresno	JR	24:00	7:45	164
103	93	Rikki Tobias	EXET/Exeter Union High	SR	24:02	7:45	519
104	94	Selena Madrigal	FRES/Fresno High	FR	24:04	7:46	195
105	95	Allison F. Serpa	MO-T/Mission Oak - Tulare	FR	24:10	7:48	466
106	96	Rylee J. Goodlin	MO-T/Mission Oak - Tulare	FR	24:11	7:48	465
107	97	Ty Jones	HOOV-F/Hoover High - Fresno	FR	24:12	7:49	742
108	98	Jamie Cogdell	YOS-O/Yosemite High - Oakhurst	SO	24:15	7:50	677
109	99	Phoenix Skeahan	YOS-O/Yosemite High - Oakhurst	SO	24:32	7:55	675
110		Candy Rodriquez	HANW/Hanford West High	FR	24:32	7:55	635
111	100	Mayra Monje	DINU/Dinuba High	JR	24:34	7:56	266
112	101	Monica Rivas	DINU/Dinuba High	JR	24:37	7:57	267
113	102	Rebecca Vu	FRES/Fresno High	SR	24:41	7:58	198
114	103	Breann Ghuman	SBAK/South Bakersfield	SR	24:44	7:59	936
115	104	Martha Sanchez	WASC/Wasco High	FR	24:49	8:01	612
116	105	Marissa Pacheco	HOOV-F/Hoover High - Fresno	SR	24:55	8:03	741
117	106	Sujey Chavez	RED-V/Redwood - Visalia	SO	25:03	8:05	432
118	107	Ana Orozco	WASC/Wasco High	SR	25:08	8:07	610
119	108	Alyssa Pena	PORT/Porterville High	FR	25:08	8:07	408
120	109	Erin Golackson	TEHA/Tehachapi High	SR	25:11	8:08	812
121	110	Claudia Cuevas	SBAK/South Bakersfield	SR	25:14	8:09	933
122	111	Julie Matzenger	TEHA/Tehachapi High	SR	25:18	8:10	813
123	112	Elizabeth Benitez	SBAK/South Bakersfield	SR	25:19	8:10	934
124	113	Jordan Metzler	TEHA/Tehachapi High	SO	25:26	8:13	814
125	114	Amanda Duke	TEHA/Tehachapi High	SR	25:29	8:14	810
126	115	Maria Hernandez	SBAK/South Bakersfield	SO	25:29	8:14	935
127	116	Daisy Duenas	DELA/Delano High	SO	25:37	8:16	292

128	117	Jazzmine Young	SELM/Selma High	SO	25:40	8:17	566
129	118	Rajvir Brar	DELA/Delano High	SR	25:43	8:18	293
130	119	Tina Gonzalez	LEMO/Lemoore High	SO	25:45	8:19	904
131	120	Elizabeth Uribe	SELM/Selma High	SO	25:47	8:19	569
132	121	Anna Parra	DINU/Dinuba High	SO	25:59	8:23	265
133	122	Cymone Harris	PORT/Porterville High	FR	26:00	8:24	406
134		Jhorien Osana	HANW/Hanford West High	FR	26:02	8:24	630
135	123	Oneida Escobar	PORT/Porterville High	SO	26:04	8:25	404
136	124	Clarita Ramblas	SELM/Selma High	SR	26:14	8:28	567
137	125	Selena Castellon	WASC/Wasco High	SO	26:17	8:29	608
138	126	Karely Andrade	DELA/Delano High	JR	26:53	8:41	294
139	127	Heidi Adams	PORT/Porterville High	SR	26:54	8:41	407
140	128	Crystal Herrera	HOOV-F/Hoover High - Fresno	SO	26:55	8:41	743
141		Ayala Cynthia	ARV/Arvin High	JR	27:06	8:45	304
142	129	Sabrynna Chacon	PORT/Porterville High	SO	27:15	8:48	405
143	130	Natalie Gomez	LEMO/Lemoore High	JR	27:28	8:52	908
144		Annissa Harding	HANW/Hanford West High	JR	27:51	8:59	633
145		Christyann Medina	HAN/Hanford High	SO	28:50	9:19	592
146	131	Vanessa Alaniz	LEMO/Lemoore High	JR	33:57	10:58	909

11/12/2009 14:31

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*** DIV III * GIRLS 5K/3.1 MILES - TEAM RESULTS ***
Team Tie Breaker = 6

Results by PRO RACE GROUP of Fresno - www.proracegroup.com

=====						
TEAM TOTAL					5-MEMBER TEAM TIME	
PLCE	POINTS	ABBR/SCHOOL			(Average	Total)
=====						
Name	Race NO.	CLASS	Overall PLACE	Finish TIME		
1.	38	CLOVN/Clovis North			(19:41	1:38:21)
=====						
1	4	Jennifer Nakamura	643 JR	4	19:10	
2	5	Sharessa Archie	644 SO	5	19:13	
3	6	Sarah Ahgazeynali	645 SO	6	19:15	
4	11	Katie Sandoval	646 FR	11	20:12	
5	12	Michelle Carruth	648 SO	12	20:31	
6	(17)	Rebecca Wilson	647 JR	17	20:51	
7	(30)	Sami Lee	649 FR	30	21:26	
2.	65	RIDG-B/Ridgeview - Bakersfield			(20:19	1:41:31)
=====						
1	3	Tijerra Lynch	827 JR	3	19:06	
2	7	Desiree Armendariz	828 SO	7	19:41	
3	16	Lashya Morgan	829 FR	16	20:44	
4	18	Jessica Huizar	830 SR	18	20:57	
5	21	Bailey Voss	831 FR	21	21:03	
6	(46)	Deserae Tarr	832 FR	49	22:09	
7	(52)	Emily Johnson	833 FR	56	22:19	
3.	81	MAD-S/Madera South			(20:29	1:42:23)
=====						
1	1	Alisha Brown	64 SR	1	18:32	
2	15	Akaysha Dhaliwal	65 JR	15	20:40	

3	19	Sofia Rios	66	SO	19	20:59
4	22	Rachel Duarte	69	FR	22	21:04
5	24	Lisset Vargas	67	FR	24	21:08
6	(33)	Cristal Rivera	68	FR	35	21:34
7	(57)	Limairy Castillo	70	SO	62	22:35

4. 92 SHAF/Shafter High (20:41 1:43:22)

1	8	Moriah Millwee	314	SO	8	19:56
2	9	Carli Preston	315	FR	9	20:11
3	10	Cambria Tudor	316	FR	10	20:12
4	29	Ashley Foster	317	FR	29	21:25
5	36	Katerina Plaza	318	JR	38	21:38
6	(43)	Irene Rodriguez	320	FR	46	22:00
7	(60)	Lenea Lara	319	JR	66	22:36

5. 135 IND-BAK/Independence - Bakersfield (21:15 1:46:15)

1	14	Acacia Ingram	476	JR	14	20:38
2	23	Sara Sullivan	477	SO	23	21:04
3	27	Katelynn Webb	478	SO	27	21:18
4	34	Bianca Savarese	475	SO	36	21:35
5	37	Emily Viveros	479	JR	39	21:40
6	(47)	Natalie Ambriz	481	JR	51	22:11
7	(84)	Charlie Croxton	480	JR	93	23:44

6. 232 EXET/Exeter Union High (21:49 1:49:02)

1	2	Katie FRy	517	JR	2	18:56
2	32	Alisa Carstens	516	SO	32	21:31
3	54	Brittany Ketscher	518	SR	59	22:31
4	65	Karly Brett	515	SO	71	22:43
5	79	Annie Aleman	514	SO	85	23:21
6	(93)	Rikki Tobias	519	SR	103	24:02

7. 243 RED-V/Redwood - Visalia (22:10 1:50:47)

1	26	Courtney Pacheco	427	FR	26	21:13
2	31	Adriana Chaves	426	SR	31	21:27
3	53	Jennifer Ikeno	429	JR	57	22:23
4	59	Emerolina Cantu	430	SO	65	22:36
5	74	Danielle Warren	428	JR	80	23:08
6	(106)	Sujey Chavez	432	SO	117	25:03

8. 257 YOS-O/Yosemite High - Oakhurst (22:17 1:51:24)

1	25	Colleen Warmerdam	671	SO	25	21:10
2	35	Kelsi Woytovich	672	SR	37	21:36
3	39	Kelsey Setaro	674	SO	41	21:47
4	69	Lenora Pate	673	SO	75	22:54
5	89	Jessica Folsom	676	JR	99	23:57
6	(98)	Jamie Cogdell	677	SO	108	24:15
7	(99)	Phoenix Skeahan	675	SO	109	24:32

9. 310 ROO-F/Roosevelt High - Fresno (22:41 1:53:21)

1	42	Jannette Anaya	160	SR	44	21:56
2	58	Fabiola Serrato	158	JR	64	22:36
3	66	Alex Gonzalez	163	JR	72	22:45
4	68	Karen Jimenez	161	SR	74	22:51
5	76	Celeste Fuentes	159	JR	82	23:13
6	(90)	Joanna Espinoza	162	JR	100	23:57
7	(92)	Brooke Villareal	164	JR	102	24:00

10. 321 TEHA/Tehachapi High (23:01 1:55:05)

1	13	Danielle Tildahl	815	JR	13	20:37
2	38	Sarah Whitson	816	SR	40	21:41
3	50	Rachel Evans	811	JR	54	22:18
4	109	Erin Golackson	812	SR	120	25:11
5	111	Julie Matzenger	813	SR	122	25:18
6	(113)	Jordan Metzler	814	SO	124	25:26
7	(114)	Amanda Duke	810	SR	125	25:29

11. 323 HOOV-F/Hoover High - Fresno (22:50 1:54:06)

1	41	Bethany Maddox	737	FR	43	21:56
2	49	Sayria Rivera	740	FR	53	22:18
3	64	Bethany Corriea	738	SR	70	22:41
4	72	Deborah Jones	739	SO	78	22:59
5	97	Ty Jones	742	FR	107	24:12
6	(105)	Marissa Pacheco	741	SR	116	24:55
7	(128)	Crystal Herrera	743	SO	140	26:55

12. 337 FRES/Fresno High (22:59 1:54:54)

1	44	Marisol Madrigal	194	SO	47	22:04
2	45	Yohanna Madrigal	193	JR	48	22:04
3	71	Krista Tsutsui	196	SR	77	22:58
4	83	Reynna Gardea	199	SO	92	23:44
5	94	Selena Madrigal	195	FR	104	24:04
6	(102)	Rebecca Vu	198	SR	113	24:41

13. 359 MO-T/Mission Oak - Tulare (23:08 1:55:36)

1	40	Carmen A. Rodriguez	461	SO	42	21:48
2	63	Karolyn I. Espiritu	462	JR	69	22:40
3	73	Elizabeth Soto	463	JR	79	23:02
4	88	Roxanna M. Menijvar	467	JR	98	23:56
5	95	Allison F. Serpa	466	FR	105	24:10
6	(96)	Rylee J. Goodlin	465	FR	106	24:11

14. 375 LEMO/Lemoore High (23:24 1:56:57)

1	28	Ellie Aguilera	905	SR	28	21:22
2	62	Alicia Ackley	903	SO	68	22:38
3	80	Nicole Hutcheson	906	JR	86	23:26
4	86	Kathryn Moseley	907	JR	95	23:46
5	119	Tina Gonzalez	904	SO	130	25:45
6	(130)	Natalie Gomez	908	JR	143	27:28
7	(131)	Vanessa Alaniz	909	JR	146	33:57

15. 417 WASC/Wasco High (23:48 1:58:57)

1	48	Amanda Castellon	607	JR	52	22:12
2	67	Jadine Gonzalez	609	FR	73	22:50
3	91	Andreina Reyes	611	JR	101	23:58
4	104	Martha Sanchez	612	FR	115	24:49
5	107	Ana Orozco	610	SR	118	25:08
6	(125)	Selena Castellon	608	SO	137	26:17

16. 420 SELM/Selma High (23:54 1:59:30)

1	20	Nancy Islas	563	SR	20	21:01
2	81	Jennifer Arellano	564	JR	88	23:29
3	82	Alondra Martinez	565	FR	90	23:33

4	117	Jazzmine Young	566	SO	128	25:40
5	120	Elizabeth Uribe	569	SO	131	25:47
6	(124)	Clarita Ramblas	567	SR	136	26:14

17. 426 DELA/Delano High (24:00 1:59:57)

1	51	Cynthia Juarez	290	SO	55	22:18
2	56	Dayali Corrales	289	JR	61	22:34
3	85	Victoria Ayon	291	SR	94	23:45
4	116	Daisy Duenas	292	SO	127	25:37
5	118	Rajvir Brar	293	SR	129	25:43
6	(126)	Karely Andrade	294	JR	138	26:53

18. 431 SBAK/South Bakersfield (23:52 1:59:19)

1	61	Natalie Espinoza	937	SR	67	22:37
2	70	Gabby Castro	931	SR	76	22:57
3	87	Selina Alamillo	932	SO	96	23:47
4	103	Breann Ghuman	936	SR	114	24:44
5	110	Claudia Cuevas	933	SR	121	25:14
6	(112)	Elizabeth Benitez	934	SR	123	25:19
7	(115)	Maria Hernandez	935	SO	126	25:29

19. 477 DINU/Dinuba High (24:21 2:01:45)

1	77	Rosa Diaz	263	SR	83	23:16
2	78	Karina Diaz	264	SR	84	23:19
3	100	Mayra Monje	266	JR	111	24:34
4	101	Monica Rivas	267	JR	112	24:37
5	121	Anna Parra	265	SO	132	25:59

20. 483 PORT/Porterville High (24:35 2:02:54)

1	55	Ashlei Esparza	402	SO	60	22:32
2	75	Ivette Romero	403	SR	81	23:10
3	108	Alyssa Pena	408	FR	119	25:08
4	122	Cymone Harris	406	FR	133	26:00
5	123	Oneida Escobar	404	SO	135	26:04
6	(127)	Heidi Adams	407	SR	139	26:54
7	(129)	Sabrynna Chacon	405	SO	142	27:15