

# **HERB WYRE INVITATIONAL**

## **Palmdale High School Host**

Dear Coach,

Palmdale High School is proud to host the **18<sup>th</sup> Annual Herb Wyre Invitational** on **Saturday, March 7<sup>th</sup>, 2008** at **Pete Knight High School**. This meet will be conducted rain or shine. Pete Knight High School's track is an all weather facility. Please contact Jamie Williams or Ryan Frazer respectively via E-mail [jrwilliams@avhsd.org](mailto:jrwilliams@avhsd.org); [rfrazer@avhsd.org](mailto:rfrazer@avhsd.org) or by phone office: (661)273-3181 ext 580; cell: (661)965-6920; or Ryan's cell (661) 317-5228 for more information.

**Divisions:** By request of many of you, we have converted this meet to only 1 Division: So all Large and Small schools will compete together and be awarded together. There will be both boys and girls Junior Varsity and Varsity levels

**Awards:** Medals are better than ever! Pick up medals before leaving the meet in press box  
Top three finishers (relays) in each event for Varsity  
First place finisher (relay) for Junior Varsity

**Entry Fees:** \$325.00 for all levels boys and girls team or \$100 for each level.  
Checks payable to Palmdale High School Track, mail or bring to meet.

**Entries will be on Direct Athletics and deadline is February 23<sup>rd</sup> at 11:59pm**

Adult/students \$5.00; Students w/ ASB card Free; Children \$2.00; 4 and under Free

**Events:** RELAYS: 4 x1600, shuttle hurdles,4x100, 4x800, 4x200, 4x400  
Distance Medley, Sprint Medley  
RUNNING EVENTS: 100m (2 athlete entries) 1600m (unlimited entries)  
**NEW THIS YEAR: "Football 40" All interested email [jrwilliams@avhsd.org](mailto:jrwilliams@avhsd.org) it will be limited to the top 9 times verified by their coaches**  
FIELD EVENTS: (3 athlete entries limit) Shot put, Discus, Triple Jump, Long Jump, High Jump, Pole Vault (4 attempts, no finals) Long and Triple Jump are open pit so all jumps must be attempted in the time the pit is open. Please have your athletes keep track of the time and announcements for shot Pit change and shot and discus change. High jump and Pole Vault will start At the jr. varsity girls low height and move up along with the meet and Jumpers. If the height is skipped, the jumper must attempt the new height or Be done.

**Time:** All events start at 8:30 A.M.

**Concessions, tee shirts, and spikes will be available for purchase.  
Spikes required are 3/16 needles.**

**All athletes will have their shoes checked at the entrance, have them out please.**

**SEND CONTRACT BY FEBRUARY 9TH**

**If interested, complete a contract and return it to:**

**PALMDALE HIGH SCHOOL – Herb Wyre Relays  
c/o Jeff Williams A.D. or Coach Jamie Williams  
2137 East Avenue R  
Palmdale, Ca 93550**

**Herb Wyre Relays 2009 Time Schedule**  
**Saturday March 7, 2009 @ Pete Knight High School**

8:30	JV/Varsity	GIRLS		4X1600
9:05	JV/ Varsity	BOYS		4X1600
9:30	JV	GIRLS		SHUTTLE HURDLES
9:35	Varsity	GIRLS		SHUTTLE HURDLES
9:45	JV	BOYS		SHUTTLE HURDLES
9:50	Varsity	BOYS		SHUTTLE HURDLES
9:55	JV	GIRLS		4X100
10:05	JV	BOYS		4X100
10:15	Varsity	GIRLS		4X100
10:25	Varsity	BOYS		4X100
10:35	JV/Varsity	GIRLS		DISTANCE MEDLEY
10:50	<b>Var. Invite</b>			<b>"FOOTBALL 40"</b>
11:00	JV/ Varsity	BOYS		DISTANCE MEDLEY
11:15	Varsity Only	GIRLS		100m Top 9 times
11:25	Varsity Only	BOYS		100m Top 9 times
11:35	JV	GIRLS	100,100,200,400	SPRINT MEDLEY
11:45	JV	BOYS	100,100,200,400	SPRINT MEDLEY
11:55	Varsity	GIRLS	100,100,200,400	SPRINT MEDLEY
12:05	Varsity	BOYS	100,100,200,400	SPRINT MEDLEY
12:15	JV/ Varsity	GIRLS		4X800
12:30	JV/ Varsity	BOYS		4X800
12:45	Varsity	GIRLS		4X200
1:55	Varsity	BOYS		4X200
2:05	JV	GIRLS		4X200
2:15	JV	BOYS		4X200
2:25	Varsity Only	GIRLS		1600m unlimited entries
2:40	Varsity Only	BOYS		1600m unlimited entries
2:50	JV	GIRLS		4X400
3:00	JV	BOYS		4X400
3:10	Varsity	GIRLS		4X400
3:20	Varsity	BOYS		4X400

**FIELD EVENTS**

	<b><u>Shot Put</u></b>		<b><u>Discus</u></b>
9:00-11:00	Girls	9:00-11:00	Boys
11:30-1:30	Boys	11:30-1:30	Girls
	<b><u>Long Jump</u></b>		<b><u>High Jump/PoleVault</u></b>
9:00-12:00	Boys and Girls-Open Pit <i>Athletes must keep track of time</i>	9:00-12:00	Girls 9:00 Open at 6'
	<b><u>Triple Jump</u></b>	12:30-3:00	Boys Height moves up w/ time Athletes jump the height as it moves up
12:30-3:00	Boys and Girls-Open Pit <i>Athletes must keep track of time</i>		

*All athletes and coaches should keep track of events running and use time schedule as an estimate. All CIF rules will be enforced.*

# CIF *Southern Section*

*Academics\* Integrity\* Athletics*

## CONTRACT FOR ATHLETIC CONTESTS

This contract may be used in arranging non-league and tournament interscholastic athletic contests. Regular league schedules are official and binding on said league members and do not require individual contract. Please refer to Blue Book rules 150-153.

This CONTRACT is made and subscribed to by the principals and athletic administrators of

Palmdale High School and High School

For \_\_\_\_\_ contests in Track & Field to be played as follows:  
(Boys' or Girls') (Name of Sport)

LEVEL	SITE	DATE
Varsity	_____	_____
Jr. Varsity	_____	_____
Soph	_____	_____
Frosh	_____	_____
Frosh-Soph	_____	_____

REMARKS Herb Wyre Invitational Track Meet (Var/JV \$350) (Var only \$300) includes Boys/Girls

### FINANCIAL ARRANGEMENTS

A. General Admission	\$ 5	F. Faulty Passes Honored Both Schools _____
B. Home Students WITH ASB Cards	\$ 3	G. Advance Sale Permitted _____
C. Visiting Students WITH ASB Cards	\$ 3	H. Visiting Band in Uniform Admitted Free with Advisor _____
D. Students (Both Schools) WITHOUT ASB Cards	\$	I. Visiting Pep Squads Admitted Free with Advisor _____
E. Children Admission	\$ free	

ADDITIONAL FINANCIAL TERMS \_\_\_\_\_

MEDICAL RESPONSIBILITY \_\_\_\_\_

OTHER ARRANGEMENTS \_\_\_\_\_

Return to HOST SCHOOL \_\_\_\_\_

All contests must be played under the regulations and rulings of the California Interscholastic Federation and the Southern Section of which the contracting schools are members. These regulations and rulings are a part of this contract. Use backside of form for additional comments.

Host High School Palmdale High School \_\_\_\_\_

Address \_\_\_\_\_

Principal's Signature \_\_\_\_\_ Date \_\_\_\_\_

Athletic Administrator's Signature \_\_\_\_\_ Date \_\_\_\_\_

NOTE: All contracts to be valid must be signed by the principal and the athletic administrator at each school. When the principal and athletic administrator of one of the contracting schools is new to the school, he should be notified of existing contracts before the beginning of the season.

**HOST SCHOOL SHOULD BE LAST TO SIGN**