GRANT HIGH SCHOOL 2009 All-Comers Track and Field Meets YOUTH DIVISION, HIGH SCHOOL DIVISION OPEN DIVISION, MASTERS DIVISION, MEN AND WOMEN

DIRECTED BY Grant High School . ALL MEETS WILL BE HELD AT THE GRANT HIGH SCHOOL Stadium. And will be timed by the Finish Lynx System with results posted on http://www.dyestatcal.com.

DATES OF MEETS: February 7th, and 21st 2009 CHECK IN AT 9:00am

RUNNING EVENTS And FIELD EVENTS-11:00 A.M

OPEN - HIGH SCHOOL - SENIORS - AGE GROUP

400m relay

1500m

60HH/110 HH

400m

Shot Put

60/100m

Long Jump

800m

Pole Vault

300 IH

200m

Discus

2 mile

High Jump

1600m relay

Triple Jump

ENTRY - \$5.00 PER ATHLETE & \$2.00 PER SPECTATOR

ANYONE WHO ENTERS STADIUM

Please RSVP number of Athletes representing your organization along with names and Events they will participate in,

Meet Information Contact: Lynn Reed (916) 397-3425 or Carl Reed 916-204-6319

E-mail: lynnreed@grant.k12.ca.us or carlreed@grant.k12.ca.us

Grant High School

1400 Grand Ave. Sacramento, Ca 95838 Office 916-286-1000 Fax 916-286-1084